ABS

Obsolete Date:

Service Code: ABS Creation Date: 1/24/2001

Service Absence-Intensive Residential Treatment

Services, Sexual Offenders, Level 7 Secure

Care, Mental Health

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DCFS DYC

Description:

Payment for vacancy days for youth in custody placed with an Intensive Residential Treatment Services, Sexual Offender, Level 7 Secure Care, Mental Health (DSS) provider. This code can only be opened in conjunction with DSS. This is not a stand alone service. See service code DSS for the program description.

USSDS *Rates as of 08/06/03*

<u>Unit</u> <u>Rate</u>
Daily \$225.76

Service Eligibility

Eligibility Description

Service Code: AFB Creation Date: 1/24/2001

Service Absence-Family Based Residential Care Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DCFS
DYC

Description:

Payment for vacancy days for youth in custody placed with a Family Residential Care (DFB, YFB) provider. This code can only be opened in conjunction with DFB or YFB. This is not a stand alone service. See service codes DFB or YFB for the program

USSDS *Rates as of 08/06/03*

<u>Unit</u>
Daily

<u>Rate</u>
\$56.65

BCM Maximum Allowable Rate (MAR)

<u>Unit</u> <u>MAR Rate</u> Daily \$73.74

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	<u> Action Date</u>	<u>New Rate</u>	Effective Date
Daily	Initial Review	11/01/1998	\$68.08	07/01/2000
Daily	COLA	08/08/2001	\$70.62	07/01/2001
Daily	COLA	07/09/2002	\$73.74	07/01/2002

Service Eligibility

Eligibility Description

AFM

Service Code: AFM Creation Date: 1/24/2001

Service Absence-Family Based Residential Care, Obsolete Date:

Mental Health

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DCFS

DYC

Description:

Payment for vacancy days for youth in custody placed with a Family Based Residential Care, Mental Health (DFM, YFM) provider. This code can only be opened in conjunction with DFM or YFM. This is not a stand alone service. See service code DFM or YFM for the program description.

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$88.49

Service Eligibility

Eligibility Description

Service Code: AGT Creation Date: 1/24/2001

Service Absence-Group Therapy Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

Purpose: To be used when a client has missed a group therapy appointment and the case manager was unable to give the therapist 24 hour cancellation notice. The provider may bill for the missed appointment at the negotiated rate established in their contract with the division. This code identifies that the missed appointment will not be billed for medicaid reimbursement.

Service: Group counseling to youth having emotional and/or behavioral disorders. Therapeutic needs may include, but are not limited to: sex abuse victim treatment, socialization, substance abuse treatment, sex offender treatment, violent and aggressive behavior treatment, victim support/awareness, independent life skills enhancement, parent education, peer support, and treatment to transition youth from protected/secure care to the community.

This code can only be used in conjunction with YGT. This is not a stand alone service.

USSDS *Rates* as of 08/06/03

 Unit
 Rate

 Session
 \$15.00

 Quarter hour
 \$3.75

Service Eligibility

Eligibility Description

Service Code: AIC Creation Date: 1/24/2001

Service Absence-Individual and Family Counseling Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

Purpose: This code may be used when a client has missed a therapy appointment and the case manager was unable to give the therapist 24 hour cancellation notice. The provider may bill for the missed appointment at the negotiated rate established in their contract with the division. The code is to identify missed appointments so that they will not be billed for medicaid reimbursement.

Service: Clinical intervention to youth and their families to assist with family dysfunction and difficulties that are disruptive to their lives and a concern to the community. Individual therapeutic needs may include treatment for emotional and behavioral disorders which include, but are not limited to, depression, emotional disturbance, substance abuse, sexual aggression, and violent and aggressive behavior.

This code can only be used in conjunction with YFC. This is not a stand alone service.

USSDS *Rates as of 08/06/03*

UnitRateHourly\$51.52Quarter hour\$12.88

Service Eligibility

Eligibility Description

Service Code: AIR Creation Date: 1/24/2001

Service Absence-Individual Residential Care Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DCFS
DYC

Description:

Payment for vacancy days for youth in Division of Child and Family Services custody place with an Individual Residential care (DIR, YIR). This code can only be opened in conjunction with DIR or YIR. It is not a stand only service.

Client Description: Frequent or repetitive problems in one or more areas; may engage in anti-social acts, but is capable of meaningful interpersonal relationships. Requires supervision in structured supportive setting with counseling available from professional and/or para?professional staff.

Facility: For a complete description of the facility required refer to description under Code DIR.

USSDS *Rates* as of 08/06/03

<u>Unit</u>
Daily

Rate
\$65.82

BCM Maximum Allowable Rate (MAR)

<u>Unit</u> <u>MAR Rate</u> paily \$85.60

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	New Rate	Effective Date
Daily	Initial Review	07/01/1994	\$79.03	07/01/2000
Daily	COLA	08/08/2001	\$81.97	07/01/2001
Daily	COLA	07/09/2002	\$85.60	07/01/2002

Service Eligibility

Eligibility Description

Service Code: ALF Creation Date: 1/24/2001

Service Absence-Residential Treatment Services, Obsolete Date:

Cognitively Impaired

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DCFS DYC

Description:

Payment for vacancy days for youth in custody placed with a Residential Treatment Services, Cognitively Impaired (YLF, DLF) provider. This code can only be opened in conjunction with DLF or YLF. This is not a stand alone service. See service code DLF, YLF for the program description.

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$131.74

BCM Maximum Allowable Rate (MAR)

<u>Unit</u> <u>MAR Rate</u> Daily \$167.74

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	<u> Action Date</u>	<u>New Rate</u>	Effective Date
Daily	Initial Review	11/01/1998	\$154.87	07/01/2000
Daily	COLA	08/08/2001	\$160.65	07/01/2001
Daily	COLA	07/09/2002	\$167.74	07/01/2002

Service Eligibility

Eligibility Description

Service Code: ALR Creation Date: 1/24/2001

Service Absence-Independent Living Residential Care Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DCFS DYC

Description:

This code is used to identify days absent from placement in the Independent Living Residential Program (YLR, DLR) for Medicaid reimbursement. This code must be used in conjunction with the YLR or DLR code and cannot be open by itself.

USSDS *Rates* as of 08/06/03

<u>Unit</u>
Daily

<u>Rate</u>
\$65.82

BCM Maximum Allowable Rate (MAR)

<u>Unit</u>
Daily

MAR Rate
\$85.60

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	<u>New Rate</u>	Effective Date
Daily	Initial Review	11/01/1998	\$79.03	07/01/2000
Daily	COLA	08/08/2001	\$81.97	07/01/2001
Daily	COLA	07/09/2002	\$85.60	07/01/2002

Service Eligibility

Eligibility Description

Service Code: ALS Creation Date: 1/24/2001

Service Absence-Intensive Residential Treatment

Services, Cognitively Impaired

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DCFS

DYC

Obsolete Date:

Description:

Payment for vacancy days for youth in custody placed with an Intensive Residential treatment Services, Cognitively Impaired (DLS) provider. This code can only be opened in conjunction with DLS. This is not a stand alone service. See service code DLS for the program description.

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$141.93

BCM Maximum Allowable Rate (MAR)

UnitMAR RateDaily\$180.65

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	<u>New Rate</u>	Effective Date
Daily	Initial Review	12/01/1998	\$166.78	07/01/2000
Daily	COLA	08/08/2001	\$173.00	07/01/2001
Daily	COLA	07/09/2002	\$180.65	07/01/2002

Service Eligibility

Eligibility Description

AMM

Obsolete Date:

Service Code: AMM Creation Date: 1/24/2001

Service Absence-Medication Management

(Psychiatrist)

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

Purpose: This code may be used when a client has missed an appointment with a psychiatrist for medication management and the case manager was unable to give the psychiatrist a 24 hour cancellation notice. The provider may bill for the missed appointment at the negotiated rate established in their contract with the division. This identifies that the missed appointment will not be billed for medicaid reimbursement.

Service: To be used when a licensed Psychiatrist is prescribing, administering, monitoring and reviewing the client's medication and medication regime and providing the appropriate information to the client regarding the medication regime. Staff consultation will be provided upon request.

This code can only be used in conjunction with YMM. This is not a stand alone service.

USSDS *Rates as of 08/06/03*

<u>Unit</u> <u>Rate</u> Hourly \$120.00

Service Eligibility

Eligibility Description

Service Code: AOI Creation Date: 1/24/2001

Service Outdoor Impact Program-Absence Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

This is a unique, one of a kind, program operated by a private corporation since 1973. They offer alternative placement to transitional youth service facilities. They provide high impact outdoor programs which include: an impact camp, wagon train, bike quest, and hiking quest. Education is provided in each stage. Please refer to sole source statement.

The absence code can be used only in conjunction with YOI and is to be utilized when clients are absent from the program for more than 8 days, in detention, or a psychiatric hospital and Medicaid should not be billed by DHS.

USSDS *Rates as of 08/06/03*

<u>Unit</u> <u>Rate</u>
Daily \$129.15

Service Eligibility

Eligibility Description
FT AFDC-FC

APE

Service Code: APE Creation Date: 1/24/2001

Service Absence-Psychiatric evaluation Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

To be used when a client has missed an appointment with a psychiatrist for evaluation and the case manager was unable to give the psychiatrist a 24 hour cancellation notice. The provider may bill for the missed appointment at the negotiated rate established in their contract with the division. This code is to identify that the missed appointment will not be billed for medicaid reimbursement.

This code can only be used in conjunction with YPE. This is not a stand alone service.

USSDS *Rates* as of 08/06/03

<u>Unit</u> Rate
Hourly \$120.00

Service Eligibility

Eligibility Description

Service Code: APG Creation Date: 1/24/2001

Service Absence-Residential Services,

Pregnant/Parenting Teen

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DCFS

DYC

Obsolete Date:

Description:

Payment for vacancy days for youth in custody placed with a Residential Services, Pregnant Parenting Teen (YPG, DPG) provider. This code can only be opened in conjunction with YPG or DPG. This is not a stand alone service. See service code YPG or DPG for program description.

USSDS *Rates* as of 08/06/03

Unit Rate
Daily \$73.52

BCM Maximum Allowable Rate (MAR)

<u>Unit</u>
Daily

MAR Rate
\$92.71

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	<u> Action Date</u>	<u>New Rate</u>	Effective Date
Daily	Initial Review	12/01/1998	\$85.60	07/01/2000
Daily	COLA	08/08/2001	\$88.79	07/01/2001
Daily	COLA	07/09/2002	\$92.71	07/01/2002

Service Eligibility

Eligibility Description

APM

Service Code: APM Creation Date: 1/24/2001

Service Absence-Psychiatric Residential Treatment Obsolete Date:

Services, Mental Health

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DCFS DYC

Description:

Payment for vacancy days for youth in custody placed with a Psychiatric Residential Treatment Services, Mental Health (YPM, DPM) provider. This code can only be opened in conjunction with DPM or YPM. This is not a stand alone service. See service code DPM or YPM for the program description.

USSDS *Rates* as of 08/06/03

<u>Unit</u>
Daily

<u>Rate</u>
\$225.76

Service Eligibility

Eligibility Description

Service Code: APR Creation Date: 1/24/2001

Service Absent-Psychiatric Residential Treatment Obsolete Date:

Contract Type: No contract allowed for this service

Agencies Using Code

Residential: No DCFS

Description:

Payment for vacancy days for youth in Division of Child and Family Services/Division of Youth Corrections custody placed with a Psychiatric Residential Treatment Provider (ARP). This code can only be opened in conjunction with DPR or YPR. This is not a stand alone service.

Client Description: Very severe impairment(s), disability(s), or need(s), consistently unable or unwilling to cooperate in own care. May be severely aggressive or exhibit self destructive behavior or grossly impaired in reality testing, communication, cognition affect, or personal hygiene. May present severe to critical risk or causing serious harm to self or others. Children and adolescents in this level of care have acute or chronic emotional or behavioral disorders or conditions such that a highly structured program with 24-hour supervision and nursing care is essential to improved functioning or maintenance.

Facility: A psychiatric residential treatment facility accredited by JCAHO. See policy manual for further detail.

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$230.32

BCM Maximum Allowable Rate (MAR)

<u>Unit</u>
Daily

MAR Rate
\$286.78

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	<u> Action Date</u>	<u>New Rate</u>	Effective Date
Daily	Initial Review	05/01/1995	\$264.77	07/01/2000
Daily	COLA	08/08/2001	\$274.65	07/01/2001
Daily	COLA	07/09/2002	\$286.78	07/01/2002

Service Eligibility

Eligibility Description

Service Code: ARC Creation Date: 1/24/2001

Service Absence-Residential Group Care Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DCFS DYC

Description:

Payment for vacancy days for youth in Division of Child and Family Services custody placed with a Residential Group Care Provider (DRC, YRC). This code can only be opened in conjunction with DRC or YRC. This is not a stand alone service.

Client Description: Substantial problems; have physical, emotional, or social needs and behaviors that may present a moderate risk of causing harm to themselves or to others. Require treatment program in a structured supportive setting with therapeutic counseling available by professional staff.

Facility - For a complete description of facility required please look under Code DRC or YRC.

USSDS *Rates as of 08/06/03*

<u>Unit</u>
Daily

Rate
\$64.35

BCM Maximum Allowable Rate (MAR)

<u>Unit</u> <u>MAR Rate</u> paily \$81.28

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	New Rate	Effective Date
Daily	Initial Review	07/01/1994	\$75.04	07/01/2000
Daily	COLA	08/08/2001	\$77.84	07/01/2001
Daily	COLA	07/09/2002	\$81.28	07/01/2002

Service Eligibility

Eligibility Description

ARH

Service Code: ARH Creation Date: 1/24/2001

Service Absence-Intensive Residential Treatment Obsolete Date:

Services, Mental Health

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DCFS DYC

Description:

Payment for vacancy days for youth in custody placed with an Intensive Residential Treatment Services, Mental Health (DRH, YRH) provider. This code can only be opened in conjunction with DRH or YRH. This is not a stand alone service. See service code DRH or YRH for the program description.

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$182.08

Service Eligibility

Eligibility Description

Service Code: ARM Creation Date: 1/24/2001

Service Absence-Residential Treatment Services Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required

Agencies Using Code

Residential: No DCFS

Description:

Payment for vacancy days for youth in Division of Child and Family Services custody placed with a Residential Treatment provider (DRM). This code can only be opened in conjunction with DRM/YRM. It is not a stand alone service.

Client Description: Severe problems, unable to function in multiple areas. Sometimes willing to cooperate when prompted or instructed, but may lack motivation or ability to participate in personal care or social activities or is severely impaired in reality testing or in communications. May exhibit persistent or unpredictable aggression, be markedly withdrawn and isolated due to either mood or thought disturbance, or make suicidal attempts. Presents a moderate to severe risk of causing harm to self or others. Requires 24-hour supervision by multiple staff in limited access setting.

Facility: For a complete description of the required facility, please see the description under the DRM and YRM codes.

USSDS *Rates as of 08/06/03*

<u>Unit</u> <u>Rate</u>
Daily \$107.28

BCM Maximum Allowable Rate (MAR)

<u>Unit</u>
Daily

MAR Rate
\$136.78

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	New Rate	Effective Date
Daily	Review	04/01/1994	\$126.28	07/01/2000
Daily	COLA	08/08/2001	\$130.99	07/01/2001
Daily	COLA	07/09/2002	\$136.78	07/01/2002

Service Eligibility

Eligibility Description

ASA

Service Code: ASA Creation Date: 1/24/2001

Service Absence-Salt Lake County Substance Abuse Obsolete Date:

Treatment Services

Contract Type: Closed or fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

Payment for vacancy days for youth in custody placed in the Salt Lake County Substance Abuse residential treatment program (SAS) due to home visit, brief detention stay, or some other reason for which the youth would be out of placement for a short time and it is necessary to hold the bed space for his/her return.

USSDS *Rates as of 08/06/03*

<u>Unit</u> <u>Rate</u> Daily \$91.00

Service Eligibility

Eligibility Description

ASM

Obsolete Date:

Service Code: ASM Creation Date: 1/24/2001

Service Absence-Intensive Residential Treatment

Services, Sexual Offender, Level 6, Mental

Health

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DCFS DYC

Description:

Payment for vacancy days for youth in custody placed with an Intensive Residential Treatment Services, Sexual Offender, Level 6, Mental Health (YSM, DSM) provider. This code can only be opened in conjunction with YSM or DSM. This is not a stand alone service. See service code DSM or YSM for the program description.

USSDS *Rates as of 08/06/03*

<u>Unit</u> <u>Rate</u>
Daily \$189.79

Service Eligibility

Eligibility Description

Service Code: AST **Creation Date: 1/24/2001**

Service Absence-Residential Treatment for Juvenile

Sexual Offenders

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No **DCFS**

DYC

Obsolete Date:

Description:

Payment for vacancy days for youth in Division of Child and Family Services custody placed with a sex offender Specialized Treatment (DST, YST). This code can only be opened in conjunction with DST or YST. It is not a stand alone service.

Program Description: The program must be able to provide services to youth who are typically more predatory, violent and/or more entrenched in sex offender patterns. It should meet minimum standards of treatment of juvenile sex offenders as specified by the National Task Force on Juveniles Offending Sexually (1988). Treatment services must include a constellation of treatment modalities which include offense specific treatment groups and psychoeducational groups.

Facility: For a description of the facility requirements please refer to the DST definition.

USSDS *Rates as of 08/06/03*

<u>Unit</u> Rate Daily \$136.45

BCM Maximum Allowable Rate (MAR)

Unit **MAR Rate** Daily \$166.26

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	<u>New Rate</u>	Effective Date
Daily	Review	04/01/1994	\$153.50	07/01/2000
Daily	COLA	08/08/2001	\$159.23	07/01/2001
Daily	COLA	07/09/2002	\$166.26	07/01/2002

Service Eligibility

Eligibility Description

Service Code: ATF Creation Date: 1/24/2001

Service Absence-Residential Teaching Family Model Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required

Agencies Using Code

Residential: No DCFS
DYC

Description:

Payment for vacancy days for youth in Division of Child and Family Services custody placed with a Teaching Family (DTF) or Division of Youth Corrections code (YTF). This code can only be opened in conjunction with DTF or YTF. It is not a stand alone service.

Client Description: Severe problems, unable to function in multiple areas. Sometimes willing to cooperate when prompted or instructed, but may lack motivation or ability to participate in personal care or social activities. Make exhibit or make suicidal attempts. Presents a moderate to severe risk of causing harm to self or others. Requires 24-hour supervision by multiple staff on limited access setting.

Facility: Residential living arrangements for male or female youth with intensive daily supervision and awake night supervision

USSDS *Rates as of 08/06/03*

<u>Unit</u>
Daily

<u>Rate</u>
\$103.97

BCM Maximum Allowable Rate (MAR)

<u>Unit</u> <u>MAR Rate</u> Daily \$128.02

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	New Rate	Effective Date
Daily	Review	07/01/1995	\$118.20	07/01/2000
Daily	COLA	08/08/2001	\$122.60	07/01/2001
Daily	COLA	07/09/2002	\$128.02	07/01/2002

Service Eligibility

Eligibility Description

Obsolete Date:

Service Code: AXE Creation Date: 1/24/2001

Service Absence-Psychological Evaluation

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

Purpose: To be used when a client has missed an appointment with a psychologist and the case manager was unable to give the psychologist a 24 hour cancellation notice. The provider may bill for the missed appointment at the negotiated rate established in their contract with the division. This code is to identify that the missed appointment will not be billed for medicaid reimbursement.

Service: Evaluations to include a general assessment of cognitive functioning, personality profile and specific diagnostic study and description of areas of pathology related to the behavior. Clinical intervention to youth may be ongoing. Staff consultation upon request.

USSDS *Rates* as of 08/06/03

<u>Unit</u>	<u>Rate</u>
Hourly	\$51.52
Quarter hour	\$12.88

BCM Maximum Allowable Rate (MAR)

UnitMAR RateQuarter hour\$19.05

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	New Rate	Effective Date
Quarter hour	Initial Review	08/08/2001	\$17.59	07/01/2001
Quarter hour	COLA	08/08/2001	\$18.24	07/01/2001
Quarter hour	COLA	07/09/2002	\$19.05	07/01/2002

Service Eligibility

Eligibility Description

Service Code: FBD Creation Date: 8/5/2003

Service Farmington Bay Detention Obsolete Date:

Contract Type: Closed or fixed dollar amount contract required Agencies Using Code

Residential: Yes DYC

Description:

To provide residential short-term detention for temporary locked confinement of youth at the Farmington Bay Facility. These youth are awaiting adjudication or placement and are ordered to DYC as sentence or for contempt of court. Dentention centers are designated for the temporary custody and care of youth in a physically restricted facility, pending Juvenile Court disposition or transfer to another juristiction and/or agency. Detention can also be used as a disposition for up to thirty days.

USSDS Rates as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$73.11

BCM Maximum Allowable Rate (MAR)

<u>Unit</u>
Daily

<u>MAR Rate</u>
\$73.11

BCM Rate Actions

UnitActionAction DateNew RateEffective DateDailyInitial Review08/05/2003\$73.1107/01/2003

Service Eligibility

Eligibility
UN
UNIVERSAL

YC YOUTH CORRECTIONS

Service Code

Population Served

Male and female youth age twenty and younger. The majority of youth are between the ages of ten and eighteen.

Contractor Qualifications

At least three years experience operating a secure youth facility with a minimum of thirty beds, and three years experience operating a non-secure program for delinquent youth. The contractor must demonstrate an acceptable level of performance verified by a notorized letter from the contracting authority or agency.

Tx/Serv Requirement

Specific service goals for the Farmington Bay Youth Center include secure custody, education, medical care, food service, library services, visitation, counseling, clergy services, recreation, exercise, and life skills training.

Staff Requirements

The facility is to be managed and operated by qualified and regularly trainer personnel using a direct supervision management philosophy. Youth are to be under direct, continuous supervision of direct care staf. A single administrator shall manage the facility and its programs. The administrator is to meet monthly with the DYC Program Director.

Staff to Client Ratios

The facility shall be staffed twenty-four hours each day, seven days a week. When a female youth is placed in the facility a female direct care worker must be in the living center. The client to staff ratio is to be 1:9 during work hours. The ratio is to be 1 staff to 18 residents during graveyard shifts.

Staff Training

The facility shall comply with the written training program provided in the proposal. The training plan should provide for a

Name: minimum of forty hours of new employee orentation within the first six month of the hire date. Employees need to complete

forty hours of additional ttraining each fiscal year thereafter.

Client Assessment/Tx Plan

The Dention Center provides short-term crisis intervention and clinical services to meet the immediate needs of detainees. This may include a psychological assessment, medication management, short term counseling, medical and/or dental assessments and/or treatments, and Psychiatric services.

Record Keeping

The facility record keeping and documentation plan shall be in accordance with DHS/DYC Administrative Policy and Procedures Manual section 6.1-6.11. The facility shall document admissions and releases, bed placements, classifications, property placements, youth placements, critical messages and monthly reports. Youth records shall include medical entries and reports, court dates, daily log notes, chorological sheet, incident reports, grievance and/or disciplinary reports, program rules and orentation forms signed by each youth.

Rate

Payments are to be determined by the Midnight Population Count.

Service Code: FBS Creation Date: 1/25/2001

Service Farmington bay Secure Care Obsolete Date:

Contract Type: Either a non-fixed or fixed amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

To provide privatized secure confinement at the Farmington Bay Facility to youth committed by the juvenile court for sex offenses. These youth are under the jurisdiction of the Youth Parole Authority.

USSDS *Rates as of 08/06/03*

<u>Unit</u> <u>Rate</u> Daily \$104.11

BCM Maximum Allowable Rate (MAR)

<u>Unit</u> <u>MAR Rate</u> Daily \$2,762.60

BCM Rate Actions

 Unit
 Action
 Action Date
 New Rate
 Effective Date

 Daily
 Review
 05/10/2001
 \$2,762.60
 01/29/2001

Service Eligibility

Eligibility
UN Description
UNIVERSAL

Service Code: IYP Creation Date: 1/25/2001

Service Independent Living Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

Children in the custody of Youth Corrections at age 16 can be considered for independent living arrangements. Child receives IYP funds up to the same amount as a basic Foster Payment (CFP).

USSDS Rates as of 08/06/03

 Unit
 Rate

 Daily
 \$7.26

 Personal Need
 \$225.06

BCM Maximum Allowable Rate (MAR)

<u>Unit</u> <u>MAR Rate</u> Daily \$14.99

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	<u> Action Date</u>	<u>New Rate</u>	Effective Date
Daily	Initial Review	01/01/1990	\$13.84	07/01/2000
Daily	COLA	08/09/2001	\$14.35	07/01/2001
Daily	COLA	07/10/2002	\$14.99	07/01/2002

Service Eligibility

Eligibility Description

Service Code: JSP Creation Date: 1/25/2001

Service Joyous Season Payment Obsolete Date:

Contract Type: No contract allowed for this service

Agencies Using Code

Residential: No DCFS

Description:

Division of Youth Corrections:

For Christmas gifts to be given to and by the child. If funds are available, \$42.00 is given to foster parents for each child and an additional \$12.00 is given to each child over age five to spend for gifts. If the funds are not available, payments will be reduced or eliminated.

Division of Children & Family Services:

USSDS *Rates as of 08/06/03*

 Unit
 Rate

 Personal Need
 \$54.00

 Month
 \$9,999.00

Service Eligibility

Eligibility Description

Service Code: MCA Creation Date: 1/25/2001

Service Medicaid Special Assessment Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required

Agencies Using Code

Residential: No DCFS

Description:

The assessment shall be completed by a qualified staff (i.e., licensed psychiatrist, licensed psychologist, etc.). Identify the existence, nature and extent of emotional and behavioral problems for the purpose of determining the youth's need for services. The content of the assessment shall comply with Medicaid requirements.

USSDS *Rates* as of 08/06/03

<u>Unit</u>	<u>Rate</u>
Hourly	\$56.00
Quarter hour	\$27.59

BCM Maximum Allowable Rate (MAR)

<u>Unit</u>	MAR Rate	
Quarter hour	\$31.19	

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	New Rate	Effective Date
Quarter hour	Initial Review	07/01/1999	\$28.79	07/01/2000
Quarter hour	COLA	08/09/2001	\$29.87	07/01/2001
Quarter hour	COLA	07/11/2002	\$31.19	07/01/2002

Service Eligibility

Eligibility Description

FB CHILD WELFARE NON IV-E YC YOUTH CORRECTIONS

Service Code

Contractor Qualifications

A. Licensed mental health therapist practicing within the scope of their licensure in accordance with Title 58 of the Utah Code Annotated 1953, as amended:

- 1. licensed physician;
- 2. licensed psychologist;
- 3. licensed clinical social worker;
- 4. licensed advanced practice registered mental health nurse specialist;
- 5. licensed marriage and family therapist;
- 6. licensed professional counselor; or
- B. An individual not currently licensed as one of the above but enrolled in a program leading to qualifying for licensure, or engaged in completion of approved clinical training after completion of the education, working under the supervision of a

licensed mental health therapist identified above. Masters level social workers, masters level marriage and family therapist and

Name: certified social workers must obtain approval from the Division of Occupational and Professional Licensing(DOPL)

before

beginning their clinical training after completion of their education. Without DOPL approval they may not do mental health therapy, such as mental health evaluations, individual, family or group therapy. Masters level prospective professional counselors who intend to apply for licensure as a professional counselor, must be engaged in a post-masters supervised practice in order to do mental health therapy.

- C. Individuals identified below may participate as part of a multi-disciplinary team in the evaluation process by gathering the psychosocial data when working under the supervision of a licensed practitioner identified in section 1 or 2 above:
- licensed certified social worker;
- 2. licensed social service worker;
- 3. licensed registered nurse, or
- 4. licensed practical nurse.

They may also participate in the development of the treatment plan, but they may not independently diagnose or prescribe

Other

ADDITIONAL REQUIREMENTS

- Knowledge of the requirements of the Division contract;
- B. Review and sign off on the Department of Human Services Code of Conduct;
- C. Meet the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18).

Record Keeping

Evaluation report, reevaluation report, diagnosis, treatment recommendations and individual treatment plan, if needed.

Rate

The Provider will be reimbursed on a fee for service basis. The periodic reevaluation of the client's treatment plan by a licensed mental health therapist may be billed only if the reevaluation is conducted during a face-to-face interview with the

Service Code: SAS Creation Date: 1/25/2001

Service Salt Lake County Substance Abuse Treatment Obsolete Date:

Services

Contract Type: Closed or fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

This code is to be utilized for a range of substance abuse treatment services offered by Salt Lake County. The rates are within a range acceptable for DHS contracted services. The Treatment Services span a continuum from out patient services to residential care. Services will be billed under this broad code but billings will be itemized as per client, the specific services received and the specific rate negotiated.

Hourly and Daily rates vary as they are for different services within the contract.

This is a contract with another governmental agency. Salt Lake County Substance Abuse contracts with various agencies throughout the area for different services. The rate may vary for a particular service based upon the rate that has been negotiated with the agency. DYC will pay the rate that has bee negotiated for state supervision youths. The rate is all inclusive and no additional administrative costs will be paid.

USSDS *Rates as of 08/06/03*

<u>Unit</u>	<u>Rate</u>
Hourly	\$0.00
Daily	\$0.00
Session	\$0.00

Service Eligibility

Eligibility Description

Service Code: SDS Creation Date: 1/25/2001

Service Skills Development Services Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required

Agencies Using Code

Residential: No DCFS

Description:

Rehabilitative services designed to: (1) Assist youth to develop competence in basic living skills. (2) Assist youth to develop social skills. (3) Assist youth to develop community awareness. Skills development may also include, supportive counseling directed toward eliminating psychosocial barriers.

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Quarter hour \$3.03

BCM Maximum Allowable Rate (MAR)

Unit MAR Rate
Quarter hour \$3.43

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	<u>New Rate</u>	Effective Date
Quarter hour	Initial Review	01/01/1994	\$3.16	07/01/2000
Quarter hour	COLA	08/30/2001	\$3.28	07/01/2001
Quarter hour	COLA	07/11/2002	\$3.43	07/01/2002

Service Eligibility

Eligibility Description

FB CHILD WELFARE NON IV-E
YC YOUTH CORRECTIONS

Service Code

Contractor Qualifications

A. Licensed mental health therapist practicing within the scope of their licensure in accordance with Title 58 of the Utah Code Annotated 1953, as amended: licensed physician, licensed psychologist, licensed clinical social worker, licensed advanced practice registered mental health nurse specialist, licensed marriage and family therapist, licensed professional counselor;

- B. An individual not currently licensed as one of the above but enrolled in a program leading to qualifying for licensure, or engaged in completion of approved clinical training after completion of the education;
- C. Licensed certified social worker;
- D. Licensed registered nurse;
- E Licensed Social Service Worker;
- F. Individual certified or credentialed to provide rehabilitative services to children;
- G. Student enrolled in a program leading to licensure as a certified social worker working under the supervision of a licensed mental health therapist or licensed certified social worker;

- H. Student enrolled in a program leading to licensure as a registered nurse, working under the supervision of a registered nurse; Name:
- I. Student enrolled in a program leading to licensure as a social service worker, working under the supervision of a licensed mental health therapist, licensed certified social worker or a licensed social service worker; or
- J. A licensed practical nurse, or other trained staff, working under the supervision of a licensed mental health therapist, a licensed certified social worker, a licensed registered nurse, a licensed social service worker, or an individual certified or

Other

Additional Requirements

- A. Knowledge of the requirements of the Division contract;
- B. Review and sign off on the Department of Human Services Code of Conduct;
- C. Meet the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18).

Record Keeping

- Daily log documenting the date and duration of the service and activities provided.
- B. Monthly summary documenting the significant and specific activities in which the client participated and progress toward treatment. If more frequent summaries documenting progress toward treatment goals are written, the monthly summary is not also required.

If Skills Development treatment goals were met during the month as result of participation in the skills development program, then new individualized goals must be developed and added to the treatment plan.

C. Any other documentation required by the Division contract to assure compliance with Division policy and billing

Tx/Serv Requirement

Supervision Requirements for Group Skills Development Services

- A. One of the following practitioners must provide the skills development services directly, or be available to provide consultation and supervision:
- 1. licensed mental health therapist;
- 2. individual not currently licensed but enrolled in a program leading to qualifying for licensure, or engaged in completion of approved clinical training after completion of the education, working under the supervision of a licensed mental health therapist;
- 3. licensed registered nurse with experience in psychiatric nursing;
- 4. licensed certified social worker; or
- 5. individual certified or credentialed to provide rehabilitation services to children.
- B. At least quarterly, an individual identified above must conduct a review of the group-skills-development program. This review must consist of the following components:
- 1. a review of the sample of client treatment plans to evaluate appropriateness of goals;
- 2. a comprehensive review of the daily activities scheduled for the next 90-day period to ensure activities correlate with individual treatment needs; and
- 3. consultation with group skills development staff to:
- a. identify and resolve clinical concerns regarding program participants;
- b. develop or modify programs to ensure they meet the needs of participants; and
- c. ensure continuous improvement in the quality of the skills development services provided.

4. <u>Rate</u>	A written summary of the review must be kept on file and made available for State or Federal review, upon request.

SNP

Service Code: SNP Creation Date: 1/25/2001

Service Special Needs Payment Obsolete Date:

Contract Type: No contract allowed for this service

Agencies Using Code

Residential: No DYC

Description:

The SNP code is used for youth needs such as basic clothing, bus tickets, extra school fees, fishing licenses, etc., which are not included in the rate paid for current placement. Expenditures are negotiated with case managers beforehand and require

USSDS Rates as of 08/06/03

 Unit
 Rate

 Personal Need
 \$9,999.00

 Session
 \$0.00

Service Eligibility

Eligibility Description

Service Code: UCT Creation Date: 1/25/2001

Service Career Testing Obsolete Date:

Contract Type: Either a non-fixed or fixed amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

Youth are tested and assessed for career interest and abilities. A report is produced with recommendations for youth.

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Session \$90.00

Service Eligibility

EligibilityUN

UNIVERSAL

UEC

Service Code: UEC Creation Date: 1/25/2001

Service Educational Counseling Obsolete Date:

Contract Type: Either a non-fixed or fixed amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

This service is to help youth plan and plot their educational and career goals, while in a Youth Corrections Program.

USSDS *Rates as of 08/06/03*

<u>Unit</u> Rate
Hourly \$20.00

Service Eligibility

EligibilityUN

UNIVERSAL

UET

Service Code: UET Creation Date: 1/25/2001

Service Educational Testing Obsolete Date:

Contract Type: Either a non-fixed or fixed amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

Testing youth to gain grade level and educational abilities for appropriate placement in the school system.

USSDS *Rates as of 08/06/03*

<u>Unit</u> <u>Rate</u> Hourly \$15.00

Service Eligibility

EligibilityUN

UNIVERSAL

Service Code: UT1

Service Tutoring in Facility

Contract Type: Open or non-fixed dollar amount contract required

Residential: No

Description:

Tutoring youth with academic deficiencies, while in a Youth Corrections Program.

USSDS *Rates as of 08/06/03*

<u>Unit</u> Rate
Hourly \$8.00

Service Eligibility

Eligibility Description

YC YOUTH CORRECTIONS

Creation Date: 1/25/2001

Obsolete Date:

Agencies Using Code

DYC

Service Code: UT2

Service Tutoring Outside Facility

Contract Type: Open or non-fixed dollar amount contract required

Residential: No

Description:

Tutoring youth with academic deficiencies, while at home or community based placement.

USSDS *Rates as of 08/06/03*

<u>Unit</u> <u>Rate</u> Hourly \$10.00

Service Eligibility

Eligibility Description

YC YOUTH CORRECTIONS

Creation Date: 1/25/2001

Obsolete Date:

Agencies Using Code

DYC

Service Code: YBS Creation Date: 1/26/2001

Service Boarding Schools Obsolete Date:

Contract Type: Either a non-fixed or fixed amount contract required Agencies Using Code

Residential: No DYC

Description:

Unique Boarding Schools exist across the country which specialize in the treatment of highly delinquent adolescent offenders such as the Youth Correction population. They provide in-residence accredited educational and vocational programs which are designed to meet the needs of this high risk population. They also provide a strong positive culture or "family" which has been effective in diminishing and sometimes replacing gang affiliation and other negative influences the youth has in his/her life.

USSDS *Rates* as of 08/06/03

<u>Unit</u>
Daily

<u>Rate</u>
\$119.00

Service Eligibility

Eligibility Description
FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code: YCT Creation Date: 1/26/2001

Service Court Ordered Residential Treatment Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

This is for short term residential care for court ordered youthful offenders followed with out patient services. This code is for youth ordered by the court into a specific program that does not meet the guidelines for other contracted services.

USSDS Rates as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$225.00

Service Eligibility

Eligibility Description
FT AFDC-FC

YC YOUTH CORRECTIONS

YDT

Service Code: YDT **Creation Date: 1/26/2001**

Service Youth Corrections/Adolescent Work

Environment

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No **DCFS**

DYC

Obsolete Date:

Description:

A non residential adolescent work environment designed to offer a comprehensive goal directed process of technical skill development. Participants are trained and supervised by trained adults. Participants receive hands on training and a positive paid work experience. Ultimately participants develop life, social, and marketable employment skills.

USSDS *Rates* as of 08/06/03

Unit <u>Rate</u> \$99,999.00 Month Daily \$40.00

Service Eligibility

Eligibility Description

FΒ CHILD WELFARE NON IV-E YC YOUTH CORRECTIONS

Service Code: YEC Creation Date: 1/26/2001

Service Equine Assisted Counseling Services Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

Youth are given an opportunity within a controlled environment to interact with a horse under varying conditions. The program is structured. After each exercise, a group counseling session is conducted conjointly with DYC and program staffs. The youth has the opportunity to process his/her experience with the horse and develop insight into their own behavior and interpersonal

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Session \$25.00

Service Eligibility

Eligibility Description

YC YOUTH CORRECTIONS

Obsolete Date:

Service Code: YFB Creation Date: 1/26/2001

Service Family Based Residential Care

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

24 hour family based care, supervision, and treatment services in a family home setting (hereafter referred to as treatment home) for up to three youth who have behavioral or adjustment problems. Under the supervision of a licensed mental health professional, trained staff will provide a therapeutic home environment, appropriate parenting, general guidance, skill development, supervision, and behavior management designed to improve the youth's condition or prevent further regression so that services of this intensity will no longer be needed. The treatment home will be staffed with an individual or couple, age 21 or older who have primary responsibility for providing for room, board, behavior management, general guidance, and supervision of each youth placed in the

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$58.40

BCM Maximum Allowable Rate (MAR)

<u>Unit</u> <u>MAR Rate</u> Daily \$73.74

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	<u>New Rate</u>	Effective Date
Daily	Initial Review	07/01/1999	\$68.08	07/01/2000
Daily	COLA	08/30/2001	\$70.62	07/01/2001
Daily	COLA	07/12/2002	\$73.74	07/01/2002

Service Eligibility

Eligibility Description
FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code

Client Assessment/Tx Plan

Provided within two weeks of a youth's admission to the program the following:

- A. Assessment
- (a) a comprehensive mental health assessment on file
- (b) an update or new assessment if over 30 days old or did not meet requirements
- an assessment developed and signed by a licensed mental health therapist in consultation with the youth and other individuals with knowledge of the youth
- (d) a history and evaluation of the youth's emotional and mental adjustment
- (e) a history and evaluation of the youth's social functioning, interpersonal, communication and social skills
- (f) a history and evaluation of the youth's basic living skills
- (g) a history and evaluation of the youth's academic, educational/vocational status
- (h) a history and evaluation of the youth's mental and physical health status
- (I) a summary, diagnostic results and if applicable, recommendations for treatment discharge
- B. Treatment Plan
- (a) an individualized written plan developed by a licensed mental health therapist
- (b) a plan developed within one month of the youth's admission into the program in consultation with the youth, parents, legal

guardians or others in whose care the youth will be released after discharge

 $Name: \bigcirc$ a plan which addressed the youth's strengths and needs in the following areas - emotional and mental adjustment, social

functioning, interpersonal, communication and social skills, basic living skills, academic, educational/vocational status, mental and physical health

- (d) a plan which included individualized treatment objectives which addressed the youth's needs and prescribed an integrated program of therapies, activities and experiences to meet the objectives
- (e) a plan which may include individual therapy, group therapy, medication management, additional or on-going diagnostic services and/or skills development, recreational, occupational or other rehabilitative services designed to improve the youth's functioning
- home. (f) a projected schedule for delivery of service which included the frequency and duration of each type of planned therapeutic session or encounter
- (g) a plan which included the credentials of the individuals who delivered the services (h)a plan which included reasonable measures to evaluate whether the objectives are met
- (I) a plan with discharge criteria, appropriate post-discharge plans, coordination of residential services with related community services to ensure continuity of care with the youth's family or others in whose care the youth will be released after discharge, school and community
- (j) a signature of the licensed mental health therapist responsible for oversight of the treatment plan
- (k) an approval from the Division case manager
- C. Review of the Treatment Plan
- (a) a review of the treatment plan at least quarterly or more often as needed if there is a change in the youth's condition or status or as determined by the licensed mental health therapist responsible for oversight of the treatment program
- (b) a review which included an update of progress toward established treatment goals, the appropriateness of the services being furnished and the need for the youth's continued participation in the program.

Contractor Qualifications

- A. Provided services through a foster care program licensed by the Utah Department Human Services, Office of Licensing as a Child Placing Agency.
- B. Met the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18) for all persons employed or associated with the provider/licensee.
- C. Enrolled as a Medicaid Provider and allowed the Division to bill Medicaid, on their behalf, for the covered Medicaid diagnostic and rehabilitative services included in the rate paid by the Division.

Population Served

A. Served youth with mild emotional or behavioral problems and/or minimal delinquent record, who have difficulty with interpersonal relationships, require daily supervision and monitoring, behavioral treatment and other rehabilitative interventions.

Served youth who engage in antisocial acts and show deficits in social skills, cognition and communication. Met the needs of the youth in a family setting.

Served youth who generally require one to one supervision or intensive monitoring

- B. Complied with the following: (a) no more than six children under age 18 resided in the home including the children of the treatment parents (b) no more than one unrelated youth to the treatment parents including the youth in STATE custody and ©no more than two infants or non-ambulatory children in the home including infants/children of the treatment parents. Placed youth in the custody of the Division of Youth Corrections in a different home than children/youth in the custody of the Division of Child and Family Services.
- C. Placed youth in the custody of the Division of Youth Corrections in a treatment home not belonging to the agency administrator, program director, or any clinical or treatment staff.

PROVIDER QUALIFICATIONS

CONTRACTOR:

- A. Provided services through a foster care program licensed by the Utah Department Human Services, Office of Licensing as a Child Placing Agency.
- B. Met the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18) for all persons employed or associated with the provider/licensee.
- C. Enrolled as a Medicaid Provider and allowed the Division to bill Medicaid, on their behalf, for the covered Medicaid diagnostic and rehabilitative services included in the rate paid by the Division.

Record Keeping

Maintained written documentation to support the following:

- A. Facility Administrative Records
 (a) current license
 (b) staff training and copies of applicable licensure

- © records indicating regular supervision of all direct care staff by clinical staff
- (d) weekly or daily program schedules indicating the routine and planned activities
- (e) staff attendance and time sheets
- (f) client daily attendance and absences including reason for absence
- (g) facility incident reports
- (h) any other documentation required in the contract to assure compliance with Division policy and billing requirements
- B. Individual Client Records
- (a) comprehensive mental health assessment and any updates
- (b) treatment plan developed by a licensed mental health therapist
- © documentation that the licensed mental health therapist responsible for overseeing the youth's treatment plan has reviewed the treatment plan at least quarterly
- (d) for each treatment goal, monthly notes summarizing progress toward treatment goals completed by staff directly providing the service or the staff responsible for overseeing the implementation of the treatment goal
- (e) notes indicate the methodology and/or activity, frequency and duration of services provide
- (f) youth specific incident reports
- (g) any other documentation required by the contract to assure compliance with Division policy and billing.

Staff to Client Ratios

Provided in each home based on the youth's needs as determined by the licensed mental health therapist and the DYC case manager the appropriate staff to client ratio.

Provided at the minimum in each home the following: (a) a treatment parent who is available to provide daily supervision and monitoring of each youth placed in the home (b) a treatment parent or other direct care staff available immediately to respond to an emergency (c) a treatment parent - not necessarily awake - on-site during nighttime sleeping hours

Staff Training

Provided the following training during the first week of employment to:

- A. All Staff
- (a) orientation to the requirements of the contract
- (b) review of the Department of Human Services Code of Conduct which is signed and placed in the staff personnel file
- (c) medical and emergency response and evacuation procedures

Provided the following training in addition to the above requirements to:

- B. Direct Care Staff (Non-Clinical Staff)
- (a) 25 hours of training in areas listed above and below prior to providing direct care
- (b) Basic First Aid and CPR including certification
- (c) emergency response and evacuation procedures
- (d) basic child/adolescent behavior and development
- (e) sexual abuse victim/perpetrator specific related training if the facility provides services to sexual abuse victims or perpetrators
- (f) other training as needed based on the program model and an assessment of the individual staff training needs
- (g) Division Community Residential Standards and Policy Provided within the first 12 months of employment the following:
- C. an additional 25 hours of training in the subject areas listed below
- (a) adolescent behavior management
- (b) discipline methods
- (c) specialized skill training in aggression management
- (d) parenting skills
- (e) skills development requirements
- (f) appropriate court and parole procedures
- (g) other training as needed based on the program model and an assessment of individual staff training needs
- D. Provided annually thereafter, an additional 30 hours of training based on an assessment of individual staff training needs

ASSESSMENT AND TREATMENT PLANNING

CONTRACTOR:

Provided within two weeks of a youth's admission to the program the following:

- A. Assessment
- (a) a comprehensive mental health assessment on file
- (b) an update or new assessment if over 30 days old or did not meet requirements
- (c) an assessment developed and signed by a licensed mental health therapist in consultation with the youth and other individuals with knowledge of the youth
- (d) a history and evaluation of the youth's emotional and mental adjustment
- (e) a history and evaluation of the youth's social functioning, interpersonal, communication and social skills
- (f) a history and evaluation of the youth's basic living skills
- (g) a history and evaluation of the youth's academic, educational/vocational status
- (h) a history and evaluation of the youth's mental and physical health status

Tx/Serv Requirement

- A. Provided the following services directly to each youth in the program:
- (a) a comprehensive mental health assessment by a licensed mental health therapist within two weeks of program admission.
- (b) an update of the assessment if completed by a licensed mental health therapist prior to the youth's admission to the program.
- (c) a review and update of the mental health assessment annually or more frequently as needed based on changes in the youth's condition.
- (d) skills development and other rehabilitative services to assist the youth to develop competence in basic living skills, appropriate social, interpersonal and communication skills, compliance with medication regimes.
- (e) a licensed or trained staff provided the services as indicated by the assessment and direction of the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- B. Arranged for the services listed below as indicated by the youth's assessment or treatment plan and approved by the DYC case manager:
- (a) skills development or other rehabilitative services by a licensed day treatment program
- (b) individual therapy by a licensed mental health therapist
- (c) group therapy by a licensed mental health therapist
- (d) psychological evaluation by a licensed psychologist

Staff Requirements

- A. Clinical Oversight by one or more licensed mental health therapists who:
- (a) manage and oversee the treatment program
- (b) provide ongoing clinical services
- (c) consult with and train all direct care staff
- (d) provide on the average at least two hours of documented management, oversight, supervision, consultation and training per youth per month
- B. Treatment Services by a sufficient number of mental health therapists who:
- (a) provide direct treatment services including comprehensive assessment and skills development services
- (b) implement treatment plans to improve the youth's functioning and prevent regression

Provided the following Direct Care Services:

- A. Treatment Home Program by treatment parents who:
- (a) are individuals or a couple over age 21
- (b) provide room, board, behavior management, general guidance and supervision for each youth placed in the home
- (c) implement educational/vocational plans, arrange for appropriate medical care, provide transportation as needed for each youth placed in the home
- (d) provide other care and supervision ordinarily provided by a parent B. Other Non-
- B. Clinical Direct Care Staff who:
- (a) assure adequate 24 hour supervision of the youth during the day, night time sleeping hours, weekends, and school hours
- (b) directly supervise the youth in the community, at school and settings outside the home
- (c) provide behavior monitoring or crisis intervention
- (d) provide advocacy and linkages to other services

Service Code: YFC Creation Date: 1/26/2001

Service Individual Counseling Obsolete Date:

Contract Type: Either a non-fixed or fixed amount contract required

Agencies Using Code

Residential: No DCFS

Description:

Individual mental health therapy means face-to-face interventions with an individual client with a focus on improving the client's emotional and mental adjustment and social functioning based on measurable treatment goals identified in the client's individual treatment plan.

USSDS *Rates as of 08/06/03*

<u>Unit</u>	<u>Rate</u>
Month	\$99,999.00
Hourly	\$51.52
Quarter hour	\$22.62

BCM Maximum Allowable Rate (MAR)

<u>Unit</u>	MAR Rate	
Quarter hour	\$25.57	

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	New Rate	Effective Date
Quarter hour	Initial Review	11/01/1993	\$23.61	07/01/2000
Quarter hour	COLA	08/09/2001	\$24.49	07/01/2001
Quarter hour	COLA	07/12/2002	\$25.57	07/01/2002

Service Eligibility

Eligibility Description

FB CHILD WELFARE NON IV-E
YC YOUTH CORRECTIONS

Service Code

Contractor Qualifications

a. Licensed mental health therapist practicing within the scope of their licensure in accordance with Title 58 of the Utah Code Annotated 1953, as amended:

- (1) Licensed physician;
- (2) licensed psychologist;
- (3) licensed clinical social worker;
- (4) licensed advanced practice registered mental health nurse specialist;
- (5) licensed marriage and family therapist;
- (6) licensed professional counselor; or
- b. An individual who is working within the scope of his or her certificate or license:
- (1) Certified psychology resident working under the supervision of a licensed psychologist;
- (2) Certified social worker working under the supervision of a licensed clinical social worker;
- (3) Advanced practice registered nurse intern working under the supervision of a licensed advanced practice registered nurse;
- (4) Certified marriage and family therapist intern working under the supervision of a licensed marriage and family therapist; or

Name: (5) Certified professional counselor intern working under the supervision of a licensed mental health therapist.

- c. A student enrolled in a program leading to licensure as a mental health therapist, not currently licensed but exempted from licensure under Title 58, Utah Code Annotated, 1953, as amended, and because of enrollment in qualified courses, internship or practicum, under the supervision of qualified faculty;
- d. Additional Requirements: The individual(s) providing therapy services shall also meet the following requirements:
- (1) Knowledge of the requirements of the DHS/DCFS contract.
- (2) Review and sign off on the DHS Provider Code of Conduct.

Other

Record Keeping

Documentation: Documentation shall include for each session:

- a. Date and actual clock time of service.
- b. Duration of the service.
- c. Setting in which the service was rendered.
- d. Individuals present in the session.
- e. Specific service rendered.
- f. Treatment goal(s).
- g. Clinical note describing the client's progress toward treatment goal(s).
- h. Signature and title of individual who rendered the services.

Rate

The Contractor will be reimbursed on a fee for service basis for face-to-face therapy services with the client. The treatment plan review may be billed as individual therapy only if it is conducted during a face-to-face interview with the client.

Service Code: YFM Creation Date: 1/26/2001

Service Family Based Residential Care, Mental Health Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

24 hour family-based care, supervision, and treatment services in a family home setting (hereafter referred to as treatment home) for up to three youth who have behavioral or adjustment problems. Under the supervision of a licensed mental health professional, clinical and trained staff will provide a therapeutic home environment, appropriate parenting, general guidance, supervision, behavioral management, skill development, individual therapy, group therapy, psychological and psychiatric evaluation, and medication management services designed to improve the child/youth's condition or prevent further regression so that services of this intensity will no longer be needed. The treatment home will be staffed with an individual or couple, age 21 or older (hereafter referred to as treatment parent/s) who have primary responsibility for providing for room, board, behavior management, general guidance, and supervision of each child/youth placed in the home. These services are provided under the auspices of a community

USSDS *Rates as of 08/06/03*

<u>Unit</u>
Daily

Rate
\$88.49

Service Eligibility

Eligibility Description
FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code: YGT Creation Date: 1/26/2001

Service Group Therapy Obsolete Date:

Contract Type: Either a non-fixed or fixed amount contract required Agencies Using Code

Residential: No DCFS
DYC

Description:

Group counseling to youth having emotional and/or behavioral disorders. Therapeutic needs may include, but are not limited to: sex abuse victim treatment, socialization, substance abuse treatment, sex offender treatment, violent and aggressive behavior treatment, victim support/awareness, independent life skills enhancement, parent education, peer support, and treatment to transition youth from protected/secure care to the community.

USSDS *Rates as of 08/06/03*

<u>Unit</u>	<u>Rate</u>
Session	\$40.00
Quarter hour	\$5.27
Hourly	\$15.00

BCM Maximum Allowable Rate (MAR)

UnitMAR RateQuarter hour\$5.95

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	<u>New Rate</u>	Effective Date
Quarter hour	Initial Review	11/01/1993	\$5.50	07/01/2000
Quarter hour	COLA	08/09/2001	\$5.70	07/01/2001
Quarter hour	COLA	07/12/2002	\$5.95	07/01/2002

Service Eligibility

Eligibility Description

FB CHILD WELFARE NON IV-E
YC YOUTH CORRECTIONS

Service Code

Contractor Qualifications

A. Licensed mental health therapist practicing within the scope of their licensure in accordance with Title 58 of the Utah Code Annotated 1953, as amended:

- 1. licensed physician;
- 2. licensed psychologist;
- 3. licensed clinical social worker;
- 4. licensed advanced practice registered mental health nurse specialist;
- 5. licensed marriage and family therapist;
- 6. licensed professional counselor; or

Name: B. An individual not currently licensed as one of the above but enrolled in a program leading to qualifying for licensure, or

engaged in completion of approved clinical training after completion of the education, working under the supervision of a licensed mental health therapist identified above.

Other

Additional Requirements

- A. Knowledge of the requirements of the Division contract;
- B. Review and sign off on the Department of Human Services Code of Conduct;
- C. Meet the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18).

Record Keeping

- A. The individual client file will contain monthly clinical notes summarizing progress toward treatment goals. If the provider chooses to write progress notes summarizing progress toward treatment goals for each group session, an additional monthly progress note is not be required.
- B. Any other documentation required by the Division contract to assure compliance with Division policy and billing

Rate

The Provider will be reimbursed on a fee for service basis.

Service Code: YI2 Creation Date: 1/26/2001

Service Individual Residential Care-2nd Youth Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

To be used when a second Youth Correction's youth is placed in a proctor home. The service is limited to emergency situations or when the second client is a sibling to the first youth. This service must be authorized by the case manager supervisor.

Client Description: Frequent or repetitive problems in one or more areas; may engage in anti-social acts, but is capable of meaningful interpersonal relationships. Requires supervision in structured supportive setting with counseling available from professional and/or para- professional staff.

Facility: Individualized living arrangements provided by a licensed agency. Individual adult or couples will be trained and responsible for room, board, and general guidance and supervision of one youth per residence. In addition, the agency must provide clinical staff who will supervise this program.

USSDS *Rates* as of 08/06/03

UnitRateDaily\$41.00

Service Eligibility

Eligibility Description

YC YOUTH CORRECTIONS

Obsolete Date:

Service Code: YIR Creation Date: 1/26/2001

Service Individual Residential Care

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

Client Description: Frequent or repetitive problems in one or more areas; may engage in anti-social acts, but is capable of meaningful interpersonal relationships. Requires supervision in structured supportive setting with counseling available from professional and/or para- professional staff. Facility: Individualized living arrangements provided by a licensed agency. Individual adult or couples will be trained and responsible for room, board, and general guidance and supervision of one youth per residence. In addition, the agency must provide clinical staff who will supervise this program. Additional staff will directly supervise the youth in the community, providing monitoring of behavior, crisis intervention, counseling, advocacy, and linkages to other services.

USSDS *Rates* as of 08/06/03

 Unit
 Rate

 Month
 \$99,999.00

 Daily
 \$65.82

BCM Maximum Allowable Rate (MAR)

Unit MAR Rate
Daily \$85.60

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	New Rate	Effective Date
Daily	Initial Review	12/01/1991	\$79.03	07/01/2000
Daily	COLA	08/09/2001	\$81.97	07/01/2001
Daily	COLA	07/12/2002	\$85.60	07/01/2002

Service Eligibility

Eligibility Description
FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code

Client Assessment/Tx Plan

Provided within two weeks of a youth's admission to the program the following:

- A. Assessment
- (a) a comprehensive mental health assessment on file
- (b) an update or new assessment if over 30 days old or did not meet requirements
- (c) an assessment developed and signed by a licensed mental health therapist in consultation with the youth and other individuals with knowledge of the youth
- (d) a history and evaluation of the youth's emotional and mental adjustment
- (e) a history and evaluation of the youth's social functioning, interpersonal, communication and social skills
- (f) a history and evaluation of the youth's basic living skills
- (g) a history and evaluation of the youth's academic, educational/vocational status
- (h) a history and evaluation of the youth's mental and physical health status
- (I) a summary, diagnostic results and if applicable, recommendations for treatment
- B. Treatment Plan
- (a) an individualized written plan developed by a licensed mental health therapist
- (b) a plan developed within one month of the youth's admission into the program in consultation with the youth, parents, legal

guardians or others in whose care the youth will be released after discharge

Name: (c) a plan which addressed the youth's strengths and needs in the following areas - emotional and mental adjustment, social

functioning, interpersonal, communication and social skills, basic living skills, academic, educational/vocational status, mental and physical health

- (d) a plan which included individualized treatment objectives which addressed the youth's needs and prescribed an integrated program of therapies, activities and experiences to meet the objectives
- (e) a plan which may include individual therapy, group therapy, medication management, additional or on-going diagnostic services and/or skills development, recreational, occupational or other rehabilitative services designed to improve the youth's functioning
- (f) a projected schedule for delivery of service which included the frequency and duration of each type of planned therapeutic session or encounter
- (g) a plan which included the credentials of the individuals who delivered the services
- (h) a plan which included reasonable measures to evaluate whether the objectives are met
- (i) a plan with discharge criteria, appropriate post-discharge plans, coordination of residential services with related community services to ensure continuity of care with the youth's family or others in whose care the youth will be released after discharge, school and community
- (j) a signature of the licensed mental health therapist responsible for oversight of the treatment plan
- (k) an approval from the Division case manager
- C. Review of the Treatment Plan
- (a) a review of the treatment plan at least quarterly or more often as needed if there is a change in the youth's condition or status or as determined by the licensed mental heath therapist responsible for oversight of the treatment program
- (b) a review which included an update of progress toward established treatment goals, the appropriateness of the services

Contractor Qualifications

- A. Provided services through a foster care program licensed by the Utah Department Human Services, Office of Licensing as a Child Placing Agency.
- B. Met the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18) for all persons employed or associated with the provider/licensee.
- C. Enrolled as a Medicaid Provider and allowed the Division to bill Medicaid, on
- D. their behalf, for the covered Medicaid diagnostic and rehabilitative services included in the rate paid by the Division.

Population Served

A. Served youth with mild emotional or behavioral problems and/or minimal delinquent record, who have difficulty with interpersonal relationships, require daily supervision and monitoring, behavioral treatment and other rehabilitative interventions.

Served youth who engage in antisocial acts and show deficits in social skills, cognition and communication.

Met the needs of the youth in a family setting.

Served youth who generally require one to one supervision or intensive monitoring.

B. Complied with the following: (a) no more than six children under age 18 resided in the home including the children of the proctor parents (b) no more than one unrelated youth to the proctor parents including the youth in STATE custody and ©no more than two infants or non-ambulatory children in the home including infants/children of the proctor parents.

Placed youth in the custody of the Division of Youth Corrections in a different home than children/youth in the custody of the Division of Child and Family Services.

C. Placed youth in the custody of the Division of Youth Corrections in a proctor home not belonging to the agency administrator, program director, or any clinical or treatment staff.

Record Keeping

Maintained written documentation to support the following:

- A. Facility Administrative Records
- (a) current license
- (b) staff training and copies of applicable licensure
- (c) records indicating regular supervision of all direct care staff by clinical staff
- (d) weekly or daily program schedules indicating the routine and planned activities
- (e) staff attendance and time sheets
- (f) client daily attendance and absences including reason for absence
- (g) facility incident reports
- (h) any other documentation required in the contract to assure compliance with Division policy and billing requirements
- B. Individual Client Records
- (a) comprehensive mental health assessment and any updates
- (b) treatment plan developed by a licensed mental health therapist
- (c) doucmentation that the licensed mental health therapist responsible for overseeing the youth's treatment plan has reviewed the treatment plan at least quarterly
- (d) for each treatment goal, monthly notes summarizing progress toward treatment goals completed by staff directly providing the service or the staff responsible for overseeing the implementation of the treatment goal
- (e) notes indicate the methodology and/or activity, frequency and duration of services provided
- (f) youth specific incident reports
- (g) any other documentation required by the contract to assure compliance with Division policy and billing

Staff to Client Ratios

Provided in each home based on the youth's needs as determined by the licensed mental health therapist and the DYC case manager the appropriate staff to client ratio.

Provided at the minimum in each home the following: (a) a trained parent who is available to provide daily supervision and monitoring of each youth placed in the home (b) a trained parent or other direct care staff available immediately to respond to

Staff Training

Provided the following training during the first week of employment to:

- A. All Staff
- (a) orientation to the requirements of the contract
- (b) review of the Department of Human Services Code of Conduct which is signed and placed in the staff personnel file
- (c) medical and emergency response and evacuation procedures

Provided the following training in addition to the above requirements to:

- B. Direct Care Staff (Non-Clinical Staff)
- (a) 25 hours of training in areas listed above and below prior to providing direct care
- (b) Basic First Aid and CPR including certification
- (c) emergency response and evacuation procedures
- (d) basic child/adolescent behavior and development
- (e) sexual abuse victim/perpetrator specific related training if the facility provides services to sexual abuse victims or perpetrators
- (f) other training as needed based on the program model and an assessment of the individual staff training needs
- (g) Division Community Residential Standards and Policy

Provided within the first 12 months of employment the following:

- C. an additional 25 hours of training in the subject areas listed below
- (a) adolescent behavior management
- (b) discipline methods
- (c) specialized skill training in aggression management
- (d) parenting skills
- (e) skills development requirements
- (f) appropriate court and parole procedures
- (g) other training as needed based on the program model and an assessment of individual staff training needs
- D. Provided annually thereafter, an additional 30 hours of training based on an assessment of individual stafff training

Tx/Serv Requirement

- A. Provided the following services directly to each youth in the program:
- (a) a comprehensive mental health assessment by a licensed mental health therapist within two weeks of program admission.
- (b) an update of the assessment if completed by a licensed mental health therapist prior to the youth's admission to the program.
- (c) a review and update of the mental health assessment annually or more frequently as needed based on changes in the youth's condition.
- (d) skills development and other rehabilitative services to assist the youth to develop competence in basic living skills, appropriate social, interpersonal and communication skills, compliance with medication regimes.
- (e) a licensed or trained staff provided the services as indicated by the assessment and direction of the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- B. Arranged for the services listed below as indicated by the youth's assessment or treatment plan and approved by the DYC case manager:
- (a) skills development or other rehabilitative services by a licensed day treatment program
- (b) individual therapy by a licensed mental health therapist
- (c) group therapy by a licensed mental health therapist
- (d) psychological evaluation by a licensed psychologist
- (e) psychiatric evaluation and medication management by a licensed psychiatrist
- C. Arranged for each youth to attend an individualized accredited educational program.

Staff Requirements

Provided the following Clinical Services:

- A. Clinical Oversight by one or more licensed mental health therapists who:
- (a) manage and oversee the treatment program
- (b) provide ongoing clinical services
- (c) consult with and train all direct care staff
- (d) provide on the average at least two hours of documented management, oversight, supervision, consultation and training per youth per month
- B. Treatment Services by a sufficient number of mental health therapists who:
- (a) provide direct treatment services including comprehensive assessment and skills development services
- (b) implement treatment plans to improve the youth's functioning and prevent regression

Provided the following Direct Care Services:

- A. Home Program by proctor parents who:
- (a) are individuals or a couple over age 21
- (b) provide room, board, behavior management, general guidance and supervision for each youth placed in the home
- (c) implement educational/ vocational plans, arrange for appropriate medical care, provide transportation as needed for each youth placed in the home

(d)	provide other care and supervision ordinarily provided by a parent

- B. Other Non-Clinical Direct Care Staff who:
- (a) assure adequate 24 hour supervision of the youth during the day, night time sleeping hours, weekends, and school hours
- (b) directly supervise the youth in the community, at school and settings outside the home
- (c) provide behavior monitoring or crisis intervention
- (d) provide advocacy and linkages to other services for an average of 8 hours per week, or as indicated by the treatment plan.

Rate

Provided room, board, and supervision, personal allotments, treatment services and other treatment services as required at the current rate

Negotiated with the local school district as academic educational costs are usually not covered.

Followed Medicaid reimbursement requirements as indicated:

- (a) only 8 absence days per month per youth
- (b) planned family/home visit
- (c) planned visit to prospective foster home, independent living, kin placement, or other prospective home or program
- (d) unanticipated absence such as a run-away or detention (Medicaid does not reimburse if youth is in detention)
- (e) short-term hospital or nursing facility stay (Medicaid does not reimburse if the youth is in the hospital or nursing facility for a short-term stay

Service Code: YIS Creation Date: 1/26/2001

Service Intensive Supervision-Youth Corrections Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DCFS
DYC

Description:

A non-residential service of community supervision and advocacy for youth. Trackers provide intensive supervision to include monitoring of behavior, basic living skills counseling, crisis intervention, and linkage to educational, vocational, employment, therapeutic recreational services, and assistance in transitioning youth from protected/secure care to the community.

USSDS *Rates* as of 08/06/03

 Unit
 Rate

 Month
 \$99,999.00

 Hourly
 \$12.77

 Quarter hour
 \$3.17

BCM Maximum Allowable Rate (MAR)

<u>Unit</u>
Quarter hour

MAR Rate

\$4.19

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	New Rate	Effective Date
Quarter hour	Initial Review	03/01/1992	\$3.87	07/01/2000
Quarter hour	COLA	08/09/2001	\$4.01	07/01/2001
Quarter hour	COLA	07/12/2002	\$4.19	07/01/2002

Service Eligibility

Eligibility Description

FB CHILD WELFARE NON IV-E
YC YOUTH CORRECTIONS

Service Code

Contractor Qualifications

A. The provider must be licensed by the Utah Department of Human Services, Office of Licensing to provide child placing, residential or outpatient services in the form of intensive supervision/tracking.

- B. All persons employed by the provider/licensee to provide intensive supervision services shall meet the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18).
- C. Staff providing intensive supervision must meet the following requirements prior to employment:
- 1. Have a high school graduation diploma or Graduate Educational Diploma (GED) equivalent;
- 2. Have three written references from persons not related to the applicant;
- 3. Possess a valid drivers license which is reviewed annually by the agency;
- 4. Be twenty-one years of age or older.

Record Keeping

Name: A. Daily log notes indicating date, duration of service and activities.

B. Any other documentation required by the Division contract to assure compliance with Division policy and billing

Staff Training

Training Requirements

- A. The provider must ensure that all staff providing intensive supervision services are well trained and receive at least 25 hours of training prior to providing direct client services. Prior training may be substituted for the items listed below on a hour-for-hour basis if documented and received within two years of employment. Training subjects shall include:
- 1. Orientation to the requirements of the contract;
- 2. Review of the Department of Human Services Code of Conduct which is then signed and placed in the individuals personnel file;
- 3. Emergency response and evacuation procedures;
- 4. Basic first aid and CPR including certification;
- 5. Emergency response and evacuation procedures;
- 6 Basic child/adolescent behavior and development;
- 7. If services are to be provided to sexual abuse victims or perpetrators, training must include sexual abuse victim/perpetrator specific related training including behavioral characteristics, family dynamics, evaluation and treatment issues;
- 8. Other training as needed based on the program model and an evaluation of individual staff training needs.
- B. Within the first 12 months of employment, an additional 25 hours of training in the following subject areas:
- 1. Behavior management and discipline methods including specialized skill training in aggression management;
- 2. Parenting skills and skills development requirements;
- 3. Other training as needed based on the program model and an evaluation of individual staff training needs.

Rate

- A. Daily log notes indicating date, duration of service and activities.
- B. Any other documentation required by the Division contract to assure compliance with Division policy and billing

Obsolete Date:

Service Code: YLF Creation Date: 1/26/2001

Service Residential Treatment Services, Cognitively

Impaired

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

24 hour intensive residential program for four or more youth with cognitive impairments that provides room & board, non-secure intensive supervision and therapy services in a residential treatment facility. Services are provided under the direction of a licensed mental health therapist. Services are based on a comprehensive diagnostic evaluation of the medical, psychological, social, behavioral, and developmental aspects of the youth with the expectation that the services offered must be reasonably expected to improve the youth's condition or prevent further regression so that services of this intensity will no longer be needed. Treatment services include a constellation of treatment modalities with a primary focus on psych-social education and training groups to include daily living and social skills.

USSDS Rates as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$131.74

BCM Maximum Allowable Rate (MAR)

<u>Unit</u> <u>MAR Rate</u> paily \$167.74

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	<u> Action Date</u>	<u>New Rate</u>	Effective Date
Daily	Initial Review	07/01/1999	\$154.87	07/01/2000
Daily	COLA	08/09/2001	\$160.65	07/01/2001
Daily	COLA	07/12/2002	\$167.74	07/01/2002

Service Eligibility

Eligibility Description

FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code

Client Assessment/Tx Plan

Provided within two weeks of a youth's admission to the program the following:

- A Assessment
- (a) a comprehensive mental health assessment on file
- (b) an update or new assessment if over 30 days old or did not meet requirements
- (c) an assessment developed and signed by a licensed mental health therapist in consultation with the youth and other individuals with knowledge of the youth
- (d) a history and evaluation of the youth's emotional and mental adjustment
- (e) a history and evaluation of the youth's social functioning, interpersonal, communication and social skills
- (f) a history and evaluation of the youth's basic living skills
- (g) a history and evaluation of the youth's academic, educational/vocational status
- (h) a history and evaluation of the youth's mental and physical health status
- (I) a summary, diagnostic results and if applicable, recommendations for treatment

B. Treatment Plan

- $\it Name:$ (a) an individualized written plan developed by a licensed mental health therapist
- (b) a plan developed within one month of the youth's admission into the program in consultation with the youth, parents, legal quardians or others in whose care the youth will be released after discharge
- © a plan which addressed the youth's strengths and needs in the following areas emotional and mental adjustment, social functioning, interpersonal, communication and social skills, basic living skills, academic, educational/vocational status, mental and physical health
- (d) a plan which included individualized treatment objectives which addressed the youth's needs and prescribed an integrated program of therapies, activities and experiences to meet the objectives
- (e) a plan which may include individual therapy, group therapy, medication management, additional or on-going diagnostic services and/or skills development, recreational, occupational or other rehabilitative services designed to improve the youth's functioning
- (f) a projected schedule for delivery of service which included the frequency and duration of each type of planned therapeutic session or encounter
- (g) a plan which included the credentials of the individuals who delivered the services
- (h) a plan which included reasonable measures to evaluate whether the objectives are met
- (I) a plan with discharge criteria, appropriate post-discharge plans, coordination of residential services with related community services to ensure continuity of care with the youth's family or others in whose care the youth will be released after discharge, school and community
- (j) a signature of the licensed mental health therapist responsible for oversight of the treatment plan
- (k) an approval from the Division case manager
- C. Review of the Treatment Plan
- (a) a review of the treatment plan at least quarterly or more often as needed if there is a change in the youth's condition or status or as determined by the licensed mental heath therapist responsible for oversight of the treatment program
- (b) a review which included an update of progress toward established treatment goals, the appropriateness of the services

Contractor Qualifications

- A. Provided services licensed by the Utah Department of Human Services, Office of Licensing to provide Residential Treatment Services, Intermediate Secure Treatment Services or licensed by the Utah Department of Health to provide Residential Treatment Services.
- B. Met the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18) for all persons employed or associated with the provider/licensee.
- C. Enrolled as a Medicaid Provider and allowed the Division to bill Medicaid, on

their behalf, for the covered Medicaid diagnostic and rehabilitative services included in the rate paid by the Division.

Population Served

- A. Served youth who are mentally retarded or have borderline intellectual functioning.
- B. Served youth who may have severe emotional, behavioral, or similar disorders.
- C. Served youth who may be aggressive or markly withdrawn, socially isolated, present a moderate risk of harm to self or others or have impaired reality testing, communication or affect.
- D. Served youth who require continuous monitoring and supervision, including awake night supervision.

Record Keeping

Maintained written documentation to support the following:

- A. Facility Administrative Records
- (a) current license
- (b) staff training and copies of applicable licensure
- (c) records indicating regular supervision of all direct care staff by clinical staff
- (d) weekly or daily program schedules indicating the routine and planned activities
- (e) staff attendance and time sheets
- (f) client daily attendance and absences including reason for absence
- (g) facility incident reports
- (h) any other documentation required in the contract to assure compliance with Division policy and billing requirements
- B. Individual Client Records
- (a) comprehensive mental health assessment and any updates
- (b) treatment plan developed by a licensed mental health therapist
- (c) doucmentation that the licensed mental health therapist responsible for overseeing the youth's treatment plan has reviewed the treatment plan at least guarterly
- d) for each treatment goal, monthly notes summarizing progress toward treatment goals completed by staff directly providing the service or the staff responsible for overseeing the implementation of the treatment goal
- (e) notes indicate the methodology and/or activity, frequency and duration of services provided
- (f) youth specific incident reports
- (g) any other documentation required by the contract to assure compliance with Division policy and billing.

Staff to Client Ratios

Provided a 1staff to 3 youth ratio at all times except nighttime sleeping hours.

Provided at least two awake direct care staff on duty during nighttime sleeping hours. Provided one male and one female staff

Staff Training

Provided the following training during the first week of employment to:

- A All Staff
- (a) orientation to the requirements of the contract
- (b) review of the Department of Human Services Code of Conduct which is signed and placed in the staff personnel file
- © medical and emergency response and evacuation procedures

Provided the following training in addition to the above requirements to:

- B. Direct Care Staff (Non-Clinical Staff)
- (a) 25 hours of training in areas listed above and below prior to providing direct care
- (b) Basic First Aid and CPR including certification
- © emergency response and evacuation procedures
- (d) basic child/adolescent behavior and development
- (e) sexual abuse victim/perpetrator specific related training if the facility provides services to sexual abuse victims or perpetrators
- (f) other training as needed based on the program model and an assessment of the individual staff training needs
- (g) Division Community Residential Standards and Policy

Provided within the first 12 months of employment the following:

- C. an additional 25 hours of training in the subject areas listed below
- (a) adolescent behavior management
- (b) discipline methods
- © specialized skill training in aggression management
- (d) parenting skills
- (e) skills development requirements
- (f) appropriate court and parole procedures
- (g) other training as needed based on the program model and an assessment of individual staff training needs
- D. Provided annually thereafter, an additional 30 hours of training based on an assessment of individual stafff training

Tx/Serv Requirement

- A. Provided the following services directly to each youth in the program:
- a) a comprehensive mental health assessment by a licensed mental health therapist within two weeks of program admission.
- (b) an update of the assessment if completed by a licensed mental health therapist prior to the youth's admission to the program.
- (c)a review and update of the mental health assessment annually or more frequently as needed based on changes in the youth's condition.
- (d) skills development and other rehabilitative services to assist the youth to develop competence in basic living skills, appropriate social, interpersonal and communication skills, compliance with medication regimes.
- (e) a licensed or trained staff provided the services as indicated by the assessment and direction of the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- B. Arranged for the services listed below as indicated by the youth's assessment or treatment plan and approved by the DYC case manager:
- (a) skills development or other rehabilitative services by a licensed day treatment program
- (b) individual therapy by a licensed mental health therapist
- (c) group therapy by a licensed mental health therapist
- (d) psychological evaluation by a licensed psychologist
- (e) psychiatric evaluation and medication management by a licensed psychiatrist
- C. Arranged for each youth to attend an individualized accredited educational program.

Staff Requirements

Provide the following Clinical Services:

- A. Clinical Oversight by at least one licensed mental health therapist/s to provide:
- (a) provides management and oversight of the treatment program, ongoing clinical supervision, consultation and training to all direct care staff.
- (b) provides on average at least 5 hours per month of documented management, oversight, supervision, consultantion and training per youth per month
- B. Treatment Services by a sufficient number of mental health therapists who:
- (a) provide direct treatment services including comprehensive assessment and skills development services
- (b) implement treatment plans to improve the youth's functioning and prevent regression

Provided the following Non-Clinical Services:

- A. Program with a Facility Manager who:
- (a) is responsible for the day-to-day supervision of the youth
- (b) is responsible for the operation of the facility
- (c) has a Bachelor's degree or equivalent combination of education an related experience
- B. Other Non-Clinical Direct Care Staff who:
- (a) are well-trained direct care staff
- (b) assure adequate 24 hour supervision of the youth during the day, night time sleeping hours, weekends, and school hours

<u>Rate</u>
Provided room, board, and supervision, personal allotments, treatment services and other treatment services as required at

Negotiated with the local school district as academic educational costs are usually not covered.

Followed Medicaid reimbursement requirements as indicated:
(a) only 8 absence days per month per youth

- (b)
- planned family/home visit planned visit to prospective foster home, independent living, kin placement, or other prospective home or program (c)
- (d)
- unanticipated absence such as a run-away or detention (Medicaid does not reimburse if youth is in detention) short-term hospital or nursing facility stay (Medicaid does not reimburse if the youth is in the hospital or nursing facility for a short-term stay

Obsolete Date:

Service Code: YLR Creation Date: 1/26/2001

Service Independent Living Residential Care

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYG

Description:

This program would develop residential independent living programs with 24 hour supervision to prepare youth to transfer to actual independent living on their own. The goal would be to prepare youth to move into their own apartment or other arrangements, with appropriate life skills to manage on their own.

USSDS Rates as of 08/06/03

<u>Unit</u>
Daily

Rate
\$65.82

BCM Maximum Allowable Rate (MAR)

Unit MAR Rate
Daily \$85.60

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	<u>New Rate</u>	Effective Date
Daily	Initial Review	07/01/1999	\$79.03	07/01/2000
Daily	COLA	08/09/2001	\$81.97	07/01/2001
Daily	COLA	07/12/2002	\$85.60	07/01/2002

Service Eligibility

Eligibility Description
FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code

Client Assessment/Tx Plan

Provided within two weeks of a youth's admission to the program the following:

- A. Assessment
- (a) a comprehensive mental health assessment on file
- (b) an update or new assessment if over 30 days old or did not meet requirements
- (c) an assessment developed and signed by a licensed mental health therapist in consultation with the youth and other individuals with knowledge of the youth
- (d) a history and evaluation of the youth's emotional and mental adjustment
- (e) a history and evaluation of the youth's social functioning, interpersonal, communication and social skills
- (f) a history and evaluation of the youth's basic living skills
- (g) a history and evaluation of the youth's academic, educational/vocational status
- (h) a history and evaluation of the youth's mental and physical health status
- (I) a summary, diagnostic results and if applicable, recommendations for treatment
- B. Treatment Plan
- (a) an individualized written plan developed by a licensed mental health therapist
- (b) a plan developed within one month of the youth's admission into the program in consultation with the youth, parents, legal guardians or others in whose care the youth will be released after discharge
- (c) a plan which addressed the youth's strengths and needs in the following areas emotional and mental adjustment, social functioning, interpersonal, communication and social skills, basic living skills, academic, educational/vocational status, mental and physical health
- (d) a plan which included individualized treatment objectives which addressed the youth's needs and prescribed an integrated

program of therapies, activities and experiences to meet the objectives

Name:

- (e) a plan which may include individual therapy, group therapy, medication management, additional or on-going diagnostic services and/or skills development, recreational, occupational or other rehabilitative services designed to improve the youth's functioning
- (f) a projected schedule for delivery of service which included the frequency and duration of each type of planned therapeutic session or encounter
- (g) a plan which included the credentials of the individuals who delivered the services
- (h) a plan which included reasonable measures to evaluate whether the objectives are met
- (I) a plan with discharge criteria, appropriate post-discharge plans, coordination of residential services with related community services to ensure continuity of care with the youth's family or others in whose care the youth will be released after discharge, school and community
- (j) a signature of the licensed mental health therapist responsible for oversight of the treatment plan
- (k) an approval from the Division case manager
- C. Review of the Treatment Plan
- (a) a review of the treatment plan at least quarterly or more often as needed if there is a change in the youth's condition or status or as determined by the licensed mental heath therapist responsible for oversight of the treatment program
- (b) a review which included an update of progress toward established treatment goals, the appropriateness of the services being furnished and the need for the youth's continued participation in the program.

Contractor Qualifications

- A. Provided services through a foster care program licensed by the Utah Department Human Services, Office of Licensing to provide Residential Treatment Services. Residential Support Services or as a Child Placing Agency.
- B. Met the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18) for all persons employed or associated with the provider/licensee.
- C. Enrolled as a Medicaid Provider and allowed the Division to bill Medicaid, on

their behalf, for the covered Medicaid diagnostic and rehabilitative services included in the rate paid by the Division.

Population Served

A. Served youth with moderate emotional or behavioral problems and/or minimal delinquent records, who have difficulty with interpersonal relationships, require daily supervision and monitoring, behavioral treatment and other rehabilitative interventions designed to prepare youth for independent living.

Served youth who may be occasionally aggressive and withdrawn.

Served youth who engage in antisocial acts, present a low risk of harm to self and others and show deficits in social skills, cognition and communication.

Provided services in a family based setting.

- B. Complied with the following: (a) no more than six children under age 18 resided in the home including the children of the treatment parents (b) no more than four unrelated youth in the home to the parents including the youth in STATE custody and ©no more than two infants or non-ambulatory children in the home including infants/children of the treatment parents. Placed youth in the custody of the Division of Youth Corrections in a different home than children/youth in the custody of the Division of Child and Family Services.
- C. Placed youth in the custody of the Division of Youth Corrections in a treatment home not belonging to the agency administrator, program director, or any clinical or treatment staff.

Record Keeping

Maintained written documentation to support the following:

- A. Facility Administrative Records
- (a) current license
- (b) staff training and copies of applicable licensure
- (c) records indicating regular supervision of all direct care staff by clinical staff
- (d) weekly or daily program schedules indicating the routine and planned activities
- (e) staff attendance and time sheets
- (f) client daily attendance and absences including reason for absence
- (g) facility incident reports
- (h) any other documentation required in the contract to assure compliance with Division policy and billing requirements
- B. Individual Client Records
- (a) comprehensive mental health assessment and any updates
- (b) treatment plan developed by a licensed mental health therapist
- (c) doucmentation that the licensed mental health therapist responsible for overseeing the youth's treatment plan has reviewed the treatment plan at least guarterly
- (d) for each treatment goal, monthly notes summarizing progress toward treatment goals completed by staff directly providing the service or the staff responsible for overseeing the implementation of the treatment goal
- (e) notes indicate the methodology and/or activity, frequency and duration of services provided
- (f) youth specific incident reports
- (g) any other documentation required by the contract to assure compliance with Division policy and billing

Staff to Client Ratios

Provided in each treatment home based on the youth's needs as determined by the licensed mental health therapist and the DYC case manager the appropriate staff to client ratio.

Provided at the minimum in each treatment home the following: (a) a treatment parent who is available to provide daily supervision and monitoring of each youth placed in the home (b) a treatment parent or other direct care staff available immediately to respond to an emergency (c) a treatment parent - not necessarily awake - on-site during nighttime sleeping hours

Provided in a residential support or residential treatment facility the minimum of a 1 to 4 staff to youth ratio at all times except nighttime sleeping hours.

Staff Training

Provided the following training during the first week of employment to:

- A. All Staff
- (a) orientation to the requirements of the contract
- (b) review of the Department of Human Services Code of Conduct which is signed and placed in the staff personnel file
- (c) medical and emergency response and evacuation procedures

Provided the following training in addition to the above requirements to:

- B. Direct Care Staff (Non-Clinical Staff)
- (a) 25 hours of training in areas listed above and below prior to providing direct care
- (b) Basic First Aid and CPR including certification
- (c) emergency response and evacuation procedures
- (d) basic child/adolescent behavior and development
- (e) sexual abuse victim/perpetrator specific related training if the facility provides services to sexual abuse victims or perpetrators
- (f) other training as needed based on the program model and an assessment of the individual staff training needs
- g) Division Community Residential Standards and Policy

Provided within the first 12 months of employment the following:

- C. an additional 25 hours of training in the subject areas listed below
- (a) adolescent behavior management
- (b) discipline methods
- (c) specialized skill training in aggression management
- (d) parenting skills
- (e) skills development requirements
- (f) appropriate court and parole procedures
- (g) other training as needed based on the program model and an assessment of individual staff training needs
- D. Provided annually thereafter, an additional 30 hours of training based on an assessment of individual stafff training

Tx/Serv Requirement

- A. Provided the following services directly to each youth in the program:
- (a) a comprehensive mental health assessment by a licensed mental health therapist within two weeks of program admission.
- (b) an update of the assessment if completed by a licensed mental health therapist prior to the youth's admission to the program.
- (c) a review and update of the mental health assessment annually or more frequently as needed based on changes in the youth's condition.
- (d) skills development and other rehabilitative services to assist the youth to develop competence in basic living skills, appropriate social, interpersonal and communication skills, compliance with medication regimes.
- (e) a licensed or trained staff provided the services as indicated by the assessment and direction of the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- B. Arranged for the services listed below as indicated by the youth's assessment or treatment plan and approved by the DYC case manager:
- (a) skills development or other rehabilitative services by a licensed day treatment program
- (b) individual therapy by a licensed mental health therapist
- (c) group therapy by a licensed mental health therapist
- (d) psychological evaluation by a licensed psychologist
- (e) psychiatric evaluation and medication management by a licensed psychiatrist
- C. Arranged for each youth to attend an individualized accredited educational program.

Staff Requirements

Provided the following Clinical Services:

- A. Clinical Oversight by one or more licensed mental health therapists who:
- (a) manage and oversee the treatment program
- (b) provide ongoing clinical services
- (c) consult with and train all direct care staff
- (d) provide on the average at least two hours of documented management, oversight, supervision, consultation and training per youth per month
- B. Treatment Services by a sufficient number of mental health therapists who:
- (a) provide direct treatment services including comprehensive assessment and skills development services
- (b) implement treatment plans to improve the youth's functioning and prevent regression

Provided the following Non-Clinical Services:

A. Home Program by Treatment Parents who:

(a) are individuals or a couple over age 21

- (b) provide room, board, behavior management, general guidance and supervision for each youth placed in the home
- (c) implement educational/vocational plans, arrange for appropriate medical care, provide transportation as needed for each youth placed in the home
- (d) provide other care and supervision ordinarily provided by a parent
- B. Residential Support or Residential Treatment Facility with a Facility Manager who:
- (a) is responsible for the day-to-day supervision of the youth
- (b) is responsible for the operation of the facility
- C. Other Non-Clinical Direct Care Staff who:
- (a) assure adequate 24 hour supervision of the youth during the day, night time sleeping hours, weekends, and school hours
- (b) directly supervise the youth in the community, at school and settings outside the home
- (c) provide behavior monitoring or crisis intervention
- (d) provide advocacy and linkages to other services

Rate

Provided room, board, and supervision, personal allotments, treatment services and other treatment services as required at the current rate.

Negotiated with the local school district as academic educational costs are usually not covered.

Followed Medicaid reimbursement requirements as indicated:

- (a) only 8 absence days per month per youth
- (b) planned family/home visit
- (c) planned visit to prospective foster home, independent living, kin placement, or other prospective home or program
- (d) unanticipated absence such as a run-away or detention (Medicaid does not reimburse if youth is in detention)
- (e) short-term hospital or nursing facility stay (Medicaid does not reimburse if the youth is in the hospital or nursing facility for a short-term stay

Obsolete Date:

Service Code: YLS Creation Date: 1/26/2001

Service Intensive Residential Treatment Services,

Cognitively Impaired

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

24 hour intensive residential program for four or more youth with cognitive impairments that provides room & board, non-secure intensive supervision and therapy services in a residential treatment facility. Services are provided under the direction of a licensed mental health therapist. Services are based on a comprehensive diagnostic evaluation of the medical, psychological, social, behavioral, and developmental aspects of the youth with the expectation that the services offered must be reasonably expected to improve the youth's condition or prevent further regression so that services of this intensity will no longer be needed. Treatment services include a constellation of treatment modalities with a primary focus on psycho-social education and training groups to include but not limited to daily living and social skills, family, individual and group therapy. If the program services adolescent sexual offenders, it addresses treatment needs related to sexual offending behavior and/or sexually reactive behavior, provides an offense specific risk and clinical assessment and behavioral strategies to reduce deviant sexual arousal and strategies based on the youth's assault cycle to assist in relapse prevention.

USSDS *Rates as of 08/06/03*

Unit Rate Daily \$141.93

BCM Maximum Allowable Rate (MAR)

Unit MAR Rate \$180.65 Daily

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	<u>New Rate</u>	Effective Date
Daily	Initial Review	07/01/1999	\$166.78	07/01/2000
Daily	COLA	08/09/2001	\$173.00	07/01/2001
Daily	COLA	07/12/2002	\$180.65	07/01/2002

Service Eligibility

Eligibility Description FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code

Client Assessment/Tx Plan

Provided within two weeks of a youth's admission to the program the following:

- a comprehensive mental health assessment on file (a)
- (b) an update or new assessment if over 30 days old or did not meet requirements
- an assessment developed and signed by a licensed mental health therapist in consultation with the youth and other individuals with knowledge of the youth
- a history and evaluation of the youth's emotional and mental adjustment
- (e) a history and evaluation of the youth's social functioning, interpersonal, communication and social skills
- a history and evaluation of the youth's basic living skills (f)
- a history and evaluation of the youth's academic, educational/vocational status (g)
- (h) a history and evaluation of the youth's mental and physical health status

- (I) a summary, diagnostic results and if applicable, recommendations for treatment
- Name: (j) the use of sexual arousal materials and plethysmography for youth less than eighteen (18) years of age were not included

as methods for assessment or treatment progress monitoring.

- B. Treatment Plan
- (a) an individualized written plan developed by a licensed mental health therapist.
- (b) a plan developed within one month of the youth's admission into the program in consultation with the youth, parents, legal guardians or others in whose care the youth will be released after discharge
- (c) a plan which addressed the youth's strengths and needs in the following areas emotional and mental adjustment, social functioning, interpersonal, communication and social skills, basic living skills, academic, educational/vocational status, mental and physical health
- (d) a plan for Sexual Offender programs which addressed strategies for work on the youth's assault cycle, relapse prevention and behavioral strategies to reduce deviant sexual arousal.
- (e) a plan which included individualized treatment objectives which addressed the youth's needs and prescribed an integrated program of therapies, activities and experiences to meet the objectives
- (f) a plan which may include individual therapy, group therapy, medication management, additional or on-going diagnostic services and/or skills development, recreational, occupational or other rehabilitative services designed to improve the youth's functioning
- (g) a projected schedule for delivery of service which included the frequency and duration of each type of planned therapeutic session or encounter
- (h) a plan which included the credentials of the individuals who delivered the services
- (i) a plan which included reasonable measures to evaluate whether the objectives are met
- (j) a plan with discharge criteria, appropriate post-discharge plans, coordination of residential services with related community services to ensure continuity of care with the youth's family or others in whose care the youth will be released after discharge, school and community
- (k) a signature of the licensed mental health therapist responsible for oversight of the treatment plan
- (I) an approval from the Division case manager
- C. Review of the Treatment Plan
- (a) a review of the treatment plan at least quarterly or more often as needed if there is a change in the youth's condition or status or as determined by the licensed mental heath therapist responsible for oversight of the treatment program
- (b) a review which included an update of progress toward established treatment goals, the appropriateness of the services being furnished and the need for the youth's continued participation in the program.

Contractor Qualifications

- A. Provided services licensed by the Utah Department of Human Services, Office of Licensing to provide Residential Treatment Services, Intermediate Secure Treatment Facility; or licensed by the Utah Department of Health to provide Residential Treatment Services.
- B. Met the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18) for all persons employed or associated with the provider/licensee.
- C. Enrolled as a Medicaid Provider and allowed the Division to bill Medicaid, on

their behalf, for the covered Medicaid diagnostic and rehabilitative services included in the rate paid by the Division.

Population Served

- A. Served youth who are mentally retarded or have borderline intellectual functioning who can benefit from clinical therapy.
- B. Served youth who are cognitively impaired adolescent juvenile sex offenders with a broad range of sexual offenses or sexually reactive behavior.
- C, Served adolescents with patterned, repetitious sexual offenses and acting out behavior. They may have displayed predatory or fixated patterns of offending, use of force or weapons in committing their offenses, and/or a propensity to act out with same aged peers besides their victims. They often have a prior treatment history and present a significant risk to the community.
- D. Served youth who are cognitively impaired children/youth with severe emotional, behavioral, or similar disorders. They may be aggressive or markedly withdrawn, socially isolated, present a moderate risk of causing harm to self/others or have impaired reality testing, communication, cognition, or affect.
- E. Served youth who require continuous monitoring and supervision, including intensive awake night supervision.

Record Keeping

Maintained written documentation to support the following:

- A. Facility Administrative Records
- (a) current license
- (b) staff training and copies of applicable licensure
- (c) records indicating regular supervision of all direct care staff by clinical staff
- (d) weekly or daily program schedules indicating the routine and planned activities
- (e) staff attendance and time sheets
- (f) client daily attendance and absences including reason for absence
- (g) facility incident reports
- (h) any other documentation required in the contract to assure compliance with Division policy and billing requirements

- B. Individual Client Records
 (a) comprehensive mental health assessment and any updates
 (b) treatment plan developed by a licensed mental health therapist

- (c) doucmentation that the licensed mental health therapist responsible for overseeing the youth's treatment plan has reviewed the treatment plan at least guarterly
- (d) for each treatment goal, monthly notes summarizing progress toward treatment goals completed by staff directly providing the service or the staff responsible for overseeing the implementation of the treatment goal
- (e) notes indicate the methodology and/or activity, frequency and duration of services provided
- (f) youth specific incident reports
- (g) any other documentation required by the contract to assure compliance with Division policy and billing

Staff to Client Ratios

Provided a 1staff to 3 youth ratio at all times except nighttime sleeping hours.

Provided at least two awake direct care staff on duty during nighttime sleeping hours. Provided one male and one female staff member for both male and female youths on duty at all times.

Staff Training

Provided the following training during the first week of employment to:

- A. All Staff
- (a) orientation to the requirements of the contract
- (b) review of the Department of Human Services Code of Conduct which is signed and placed in the staff personnel file
- (c) medical and emergency response and evacuation procedures

Provided the following training in addition to the above requirements to:

- B. Direct Care Staff (Non-Clinical Staff)
- (a) 25 hours of training in areas listed above and below prior to providing direct care
- (b) Basic First Aid and CPR including certification
- (c) emergency response and evacuation procedures
- (d) basic child/adolescent behavior and development
- (e) sexual abuse victim/perpetrator specific related training if the facility provides services to sexual abuse victims or perpetrators including behavioral characteristics, family dynamics, assessment and treatment issues
- (f) other training as needed based on the program model and an assessment of the individual staff training needs
- (g) Division Community Residential Standards and Policy

Provided within the first 12 months of employment the following:

- C. an additional 25 hours of training in the subject areas listed below
- (a) adolescent behavior management
- (b) discipline methods
- (c) specialized skill training in aggression management
- (d) parenting skills
- (e) skills development requirements
- (f) appropriate court and parole procedures
- (g) other training as needed based on the program model and an assessment of individual staff training needs
- D. Provided annually thereafter, an additional 30 hours of training based on an assessment of individual stafff training needs.

Tx/Serv Requirement

- A. Provided the following services directly to each youth in the program:
- (a) a comprehensive mental health assessment by a licensed mental health therapist within two weeks of program admission.
- (b) an update of the assessment if completed by a licensed mental health therapist prior to the youth's admission to the program.
- (c) a review and update of the mental health assessment annually or more frequently as needed based on changes in the youth's condition.
- (d) a program for Sexual Offenders that included a sexual offense specific risk assessment.
- (e) individual therapy by a licensed mental health therapist of an average of one session per week per youth, unless otherwise indicated by the assessment and directed by the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- (f) group therapy by a licensed mental health therapist of an average of one session per week per youth, unless otherwise indicated by the assessment and directed by the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- (g) family sessions (individual/group) and/or training for the parents in behavioral management strategies as indicated by the assessment and directed by the licensed mental health professional responsible for overseeing the youth's plan of care.
- (h) skills development and other rehabilitative services to assist the youth to develop competence in basic living skills, appropriate social, interpersonal and communication skills, and compliance with medication regimes. Services provided by licensed or trained staff as indicated by the assessment and directed by the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- (i) psychological testing and evaluation by a licensed Ph.D. Psychologist.
- psychiatric testing and evaluation by a board certified/board eligible child psychiatrist.
- (k) medication management services by a M.D. or R.N. as indicated by the psychiatric evaluation and directed by the psychiatrist responsible for overseeing the youth's treatment plan.
- B. Arranged for each youth to attend an individualized accredited educational program, provided on site if necessary, that is

Staff Requirements

Provided the following Clinical Services:

- A. Clinical Oversight by:
- at least one or more licensed mental health therapist/s to provide management and oversight of the treatment program, ongoing clinical supervision, consultantion and training to all direct care staff.
- licensed mental health therapist/s that provide on average at least 5 hours per month of documented management. oversight, supervision, consultantion and training per youth per month
- B. Clinical and Treatment Services by:
- a sufficient number of licensed mental health therapists to provide direct treatment services to youths including comprehensive assessment, individual therapy, group therapy and skills development services to implement treatment plans.
- a treatment plan that improves the youth's functioning and prevent regression.

Provided the following Non-Clinical Services:

A. Program with a Facility Manager who:

- is responsible for the day-to-day supervision of the youth (a)
- is responsible for the operation of the facility (b)
- has a Bachelor's degree or equivalent combination of education an related experience (c)
- Other Non-Clinical Direct Care Staff who:
- are well-trained direct care staff

Rate

Provided room, board, and supervision, personal allotments, treatment services and other treatment services as required at the current rate.

Negotiated with the local school district as academic educational costs are usually not covered.

Followed Medicaid reimbursement requirements as indicated:

- only 8 absence days per month per youth
- planned family/home visit (b)
- planned visit to prospective foster home, independent living, kin placement, or other prospective home or program (c)
- unanticipated absence such as a run-away or detention (Medicaid does not reimburse if youth is in detention) (d)
- short-term hospital or nursing facility stay (Medicaid does not reimburse if the youth is in the hospital or nursing facility for a short-term stay

Service Code: YMM Creation Date: 1/26/2001

Service Medication Management-Psychiatrist Obsolete Date:

Contract Type: Either a non-fixed or fixed amount contract required Agencies Using Code

Residential: No DCFS DYC

Description:

Services are provided by a licensed Psychiatrist for purposes of prescribing, administering, monitoring and reviewing the client's medication and medication regime and providing the appropriate information to the client regarding the medication regime. Staff consultation will be provided upon request.

USSDS *Rates as of 08/06/03*

 Unit
 Rate

 Session
 \$77.47

 Hourly
 \$120.00

BCM Maximum Allowable Rate (MAR)

UnitMAR RateSession\$87.59

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	New Rate	Effective Date
Session	Initial Review	07/01/1999	\$80.87	07/01/2000
Session	COLA	08/09/2001	\$83.89	07/01/2001
Session	COLA	07/12/2002	\$87.59	07/01/2002

Service Eligibility

Eligibility Description

FB CHILD WELFARE NON IV-E YC YOUTH CORRECTIONS

Service Code

Contractor Qualifications

Licensed physician or licensed advance practice registered nurse with prescriptive practice.

Other

Additional Requirements

- A. Knowledge of the requirements of the Division contract;
- B. Review and sign off on the Department of Human Services Code of Conduct;
- C. Meet the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18).

Rate

The Provider will be reimbursed on a fee for service basis.

YMR

Service Code: YMR Creation Date: 1/26/2001

Service Medication Management by a registered Nurse Obsolete Date:

Contract Type: Either a non-fixed or fixed amount contract required <u>Agencies Using Code</u>

Residential: No DCFS DYC

Description:

Services are provided by a Registered Nurse for purposes of prescribing, administering, monitoring and reviewing the client's medication and medication regime and providing the appropriate information to the client regarding the medication regime. Staff consultation will be provided upon request.

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Session \$33.87

BCM Maximum Allowable Rate (MAR)

 Unit
 MAR Rate

 Session
 \$38.29

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	<u>New Rate</u>	Effective Date
Session	Initial Review	07/01/1999	\$35.36	07/01/2000
Session	COLA	08/09/2001	\$36.67	07/01/2001
Session	COLA	07/12/2002	\$38.29	07/01/2002

Service Eligibility

Eligibility Description

FB CHILD WELFARE NON IV-E
YC YOUTH CORRECTIONS

Service Code

Contractor Qualifications

- A. Licensed advance practice registered nurse;
- B. licensed registered nurse;
- C. licensed practical nurse working under the direct supervision of a licensed physician, licensed advance practice registered nurse or licensed registered nurse.

Other

Additional Requirements

- A. Knowledge of the requirements of the Division contract;
- B. Review and sign off on the Department of Human Services Code of Conduct;
- C. Meet the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18).

 $\frac{\textit{Record Keeping}}{\text{A.}} \quad \text{Clinical notes per session in the individual client file.}$

Name:

Any other documentation required by the Division contract to assure compliance with Division policy and billing B.

 $\underline{\underline{\textit{Rate}}}$ The Provider will be reimbursed on a fee for service basis.

Obsolete Date:

Service Code: YOA Creation Date: 6/24/2003

Service RESIDENTIAL TREATMENT SERVICES,
OBSERVATION & ASSESSMENT

Contract Type: Either a non-fixed or fixed amount contract required Agencies Using Code

Residential: Yes DYC

Description:

General Definition: A 24 hour short term intensive observation and assessment residential program for delinquent youth that provides room & board, comprehensive evaluation and treatment planning, intensive supervision and therapy services in a residential treatment facility. Services are provided under the direction of a licensed mental health therapist. Services include psychological, behavioral, social, educational, medical, and developmental assessments of the youth with the expectation that the services offered shall be reasonably expected to improve the youth's condition and identify further treatment needs and appropriate community placement. Treatment services include a constellation of treatment modalities with a primary focus on psychosocial education and training groups to include daily living and social skills. A complete written evaluation will be provided to the Division at

USSDS Rates as of 08/06/03

<u>Unit</u>
Daily

Rate
\$101.99

BCM Maximum Allowable Rate (MAR)

<u>Unit</u>
Daily

MAR Rate
\$165.00

BCM Rate Actions

UnitActionAction DateNew RateEffective DateDailyInitial Review06/24/2003\$165.0001/01/2003

Service Eligibility

Eligibility Description

YC YOUTH CORRECTIONS

Service Code

Population Served

The program shall have the capacity to serve youth who have a wide variety of psychological and cognitive impairments. They may have severe emotional, behavioral, or similar disorders. They may be aggressive or markedly withdrawn, socially isolated, present a moderate to severe risk of causing harm to self/others or have impaired reality testing, communication or affect. They will have a court order for Observation and Evaluation to include a written evaluation.

Contractor Oualifications

A. The contractor shall be licensed by the Utah Department of Human Services, Office of Licensing to provide Residential Treatment Services, Intermediate Secure Treatment Services, Residential Support Services or licensed by the Utah Department of Health to provide Residential Treatment Services.

B. All persons employed or associated with the contractor/licensee shall meet the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18).

C. The contractor shall be enrolled as a Medicaid Provider and agree to allow DHS/DYC to bill Medicaid, on their behalf, for the covered Medicaid diagnostic and rehabilitative services that are included in the rate paid by DHS/DYC to the contractor. D. Individuals who provide clinical oversight of the program (See Section V-A-1) shall be qualified as a licensed mental health therapist practicing within the scope of his or her licensure in accordance with Title 58, Utah Code Annotated 1953, as amended: licensed physician, licensed psychologist, licensed clinical social worker, licensed advanced practice registered nurse, licensed marriage and family therapist, licensed professional counselor.

E. Individuals who prescribe mental health services, develop, review and approve treatment plans, provide mental health evaluations, provide individual/family mental health therapy or provide group mental health therapy shall be qualified as

licensed mental health therapists as defined below:

Name: 1. A licensed mental health therapist as identified in Section III-D; or

- 2. As allowed by the Utah Department of Commerce Division of Professional Licensing (DOPL) rules and regulations to provide mental health therapy, an individual not currently licensed as one of the above but enrolled in a program leading to qualification for licensure, or engaged in completion of approved clinical training after completion of the education and working under the supervision of a licensed mental health therapist as prescribed by DOPL.
- 3. For Mental health evaluations, the following individuals may participate as part of a multi-disciplinary team in the evaluation process by gathering the psycho-social data when working under the supervision of a licensed mental health therapist: licensed certified social worker, licensed social service worker, licensed registered nurse or licensed practical nurse. Individuals who provide Skills Development Services shall meet the qualifications as follows: licensed certified social worker; licensed registered nurse; licensed social service worker; individual certified or credentialed to provide rehabilitative services to the end of the evaluation period children; student enrolled in a program leading to licensure as a certified social worker working under the supervision of a

licensed mental health therapist or licensed certified social worker; student enrolled in a program leading to licensure as a licensed registered nurse, working under the supervision of a licensed registered nurse; student enrolled in a program leading to licensure as a social service worker, working under the supervision of a licensed mental health therapist, licensed certified social worker, or a licensed social service worker; licensed practical nurse; or other trained staff, working under the supervision of a licensed mental health therapist identified in Section III-E-1 and 2, licensed certified social worker, licensed registered nurse, licensed social service worker, or an individual certified or credentialed to provide rehabilitative services to children.

IV. Contractor Capacity

- A. The contractor shall have the capacity to provide the following services directly to each youth in the program:
- 1. A comprehensive mental health evaluation by a licensed mental health therapist within two weeks of admission to the program. If an evaluation was completed by a mental health therapist, prior to the youth's admission to the program, the prior evaluation may be updated by a licensed mental health therapist.
- 2. Review and update the mental health evaluation as needed based on any changes in the youth's condition.
- 3. Individual/family mental health therapy by a licensed mental health therapist if indicated by the evaluation and directed by the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- 4. Group mental health therapy by a licensed mental health therapist if indicated by the evaluation and directed by the licensed mental health therapist responsible for overseeing the youth's treatment plan.

Daily skill development and other rehabilitative services to assist the youth to develop competence in basic living skills, appropriate social, interpersonal and communication skills, and compliance with medication regimes. Such services shall be provided by licensed or trained staff as indicated by the evaluation and directed by the licensed mental health therapist responsible for overseeing the youth's treatment plan.

Psychological testing and evaluation by a licensed Ph.D. Psychologist;

Psychiatric testing and evaluation by a licensed physician with experience in child psychiatry, or an Advanced Practice Nurse in Psychiatric-Mental Health;

Medication management services by a M.D, APRN or R.N as indicated by the psychiatric evaluation and directed by the physician or APRN responsible for overseeing the youth's treatment plan;

The contractor shall arrange for each youth to attend an individualized accredited educational program provided onsite, if necessary, that is coordinated with the local school district. If the program is not operated by the local school district, the Contractor shall insure that any educational credits received by the youth will be accepted by the local school district.

Staff Requirements

A. Clinical / Clinical Oversight

The program shall employ at least one licensed mental health therapist to provide management and oversight of the treatment program, ongoing clinical supervision, consultation and training to all direct care staff. The individual or individuals shall provide at least five hours of documented management, oversight, supervision, consultation and training per youth per month. (For example, if the average daily census in a given month is three, there shall be at least 15 hours of documented service by one or more licensed mental health therapists for that month.);

Clinical and Treatment Services

The program shall employ or contract with at least one licensed psychologist to provide testing and evaluation services and other clinical services as necessary; and

The program shall employ or contract with at least one licensed physician with experience in child psychiatry or an Advanced Practice Nurse in Psychiatric-Mental Health to provide medical direction and provide consultation to staff or direct services to the youth.

The program shall employ or contract with a number of other clinical staff including licensed mental health therapists, and R.N nursing staff to provide direct treatment services to youth including a comprehensive evaluation of the youth's needs and to implement treatment planning to improve youth functioning and to determine further placement needs. (Direct service hours by clinical staff may not be counted towards the required hours of management oversight required in item V-A-1 above.)

B. Non-Clinical Staff

- 1. Facility Manager: The program shall employ a facility manager who shall be responsible for the day-to-day supervision of the youth and the operation of the facility. At a minimum, the facility manager shall have a Bachelor's degree or equivalent combination of education and related experience.
- 2. Other Non-Clinical Direct Care Staff: The program shall employ a number of well-trained direct care staff to assure there is adequate 24-hour supervision of the youth during the day, night time sleeping hours, weekends, and school hours.

Staff Training

Staff Training Requirements

A. All Staff: The contractor shall ensure that all staff (clinical, non-clinical, administrative staff, and volunteers) are trained and receive at a minimum the following training within the first week of employment:

- 1. Orientation to the requirements of the contract;
- 2. Review of the Department of Human Services Code of Conduct which is then signed and placed in the individual's personnel file:

Emergency response and evacuation procedures.

- B. Direct care staff (non-clinical staff) shall receive the following additional training prior to providing direct care or supervision to youth. All direct care staff will receive a minimum of 25 hours of training in the following subjects in addition to topics listed in paragraph A above.
- 1. Basic First Aid and CPR including certification;
- 2. Basic child/adolescent behavior and development;
- 3. If the facility provides services to sexual abuse victims or perpetrators, pre-service training shall include sexual abuse victim/perpetrator specific related training including behavioral characteristics, family dynamics, evaluation and treatment issues:
- 4. Other training as needed based on the program model and an evaluation of individual staff training needs.
- 5. DHS/DYC Community Residential Care Standards and Policy.
- C. Within the first 12 months of employment, an additional 25 hours of training in the following subject areas:
- 1. Adolescent behavior management and discipline methods including specialized skill training in aggression management;
- 2. Skills development services and documentation;
- 3. Appropriate court and parole procedures;
- 4. Other training as needed based on the program model and an evaluation of individual staff training needs.
- 5. DHS/DYC incident-report policy and documentation.
- D. Annually thereafter, an additional 30 hours of training based on an evaluation of individual staff training needs.
- E. All training will be recorded as follows:
- 1. Title of Training
- 2. Name of the instructor
- 3. Date and time
- 4. Employee signature

Staff to Client Ratios

At a minimum, the program shall be staffed at a ratio of one staff to eight youth at all times except nighttime sleeping hours when staff may be reduced. However, at least two awake direct-care staff shall be on duty during nighttime sleeping hours. If there are both male and female youth, then one male and one female staff member shall also be on duty at all times. For gender specific populations, there shall be at least one staff member of that same gender working at all times.

Treatment Plans

Evaluation and Treatment Planning

A. Evaluation: Within two weeks of admission to the program, each youth shall have a current comprehensive evaluation on file. If the evaluation is more than 30 days old or does not meet the following requirements, the contractor shall conduct or arrange for a review and, when needed, update or conduct a new evaluation. The evaluation shall contain the following:

- 1. Developed and signed by a licensed mental health therapist after face to face contact with the youth and in consultation with the youth and other individuals who have knowledge of the youth.
- 2. A history and evaluation of the youth's, emotional and mental adjustment; social functioning (including social, interpersonal and communication skills); basic living skills; academic, educational/vocational status; mental and physical health status.
- 3. A summary, diagnostic results, if applicable, and recommendations for treatment.
- B. Treatment Plan
- 1. Based on the evaluation, an individualized written treatment plan shall be developed by a licensed mental health therapist.
- 2. The plan shall be developed within one month of the youth's admission into the program and include consultation with the youth, parents, legal guardians or others in whose care the youth will be released after discharge.
- 3. At a minimum, the plan shall address the youth's strengths and needs in the following areas: emotional and mental adjustment, social functioning (including social, interpersonal and communication skills); basic living skills; academic educational/vocational; mental and physical health.
- 4. The plan shall include:
- a. Individualized treatment objectives to address the youth's needs and prescribe an integrated program of therapies, activities and experiences to meet the objectives. Therapies, activities and experiences may include Individual/family mental health therapy; group mental health therapy, medication management, additional or on going diagnostic services and/or skills development, recreational, occupational or other rehabilitative services designed to improve the youth's functioning;
- b. A projected schedule for delivery of services including the expected frequency and duration of each type of planned therapeutic session or encounter;
- c. The credentials of the individuals who will deliver the services;
- d. Reasonable measures to evaluate whether the objectives are met;
- e. Discharge criteria and, at the appropriate time, post discharge plans and coordination of residential services with related community services to ensure continuity of care with the youth's family (or others in whose care the youth will be released after discharge), school and community;
- f. Signature of the licensed mental health therapist responsible for overseeing the treatment plan and evidence of approval of DHS/DYC case manager.
- C. Review of the Treatment Plan
- 1. The plan shall be reviewed and updated at least quarterly or more often as needed if there is a change in the youth's

condition or status or as determined by the licensed mental health therapist responsible for overseeing the treatment program	١.

The review shall include an update of progress toward established treatment goals, the appropriateness of the services being furnished and the need for the youth's continued participation in the program.

3.The licensed Clinician shall have face to face contact with the youth in order to complete the Treatment Plan Reviews. If the licensed Clinician has had only limited or no contact with the youth during the preceding 90 days, and therefore, does not have clinical information to evaluate the treatment prescription, then the youth shall be seen face to face to conduct the treatment plan review.

Record Keeping

Documentation

- A. Facility Administrative Records: The contractor shall develop/ maintain written documentation to support the following:
- 1. Current License.
- 2. Staff training and copies of applicable licensure.
- 3. Records indicating regular supervision of all direct care staff by clinical staff.
- 4. Weekly or daily program schedules indicating the routine and planned activities.
- 5. Staff attendance and time sheets.
- 6. Youth daily attendance and absences including reason for absence.
- 7. Facility incident reports.
- 8. Any other documentation required in the contract to assure compliance with DHS/DYC policy and billing requirements.
- B. Individual Youth Records: The contractor shall develop and maintain sufficient written documentation to assure compliance with all Medicaid Diagnostic and Rehabilitative Mental Health Services provided by DHS Contractors documentation requirements including:
- 1. Comprehensive mental health evaluation or psychiatric evaluations and any updates (See Section VIII-A).
- 2. Treatment plan developed by a licensed mental health therapist (See Section VIII-B).

Documentation that the licensed mental health therapist responsible for overseeing the youth's treatment plan has reviewed the treatment plan at least quarterly (See Section VIII-C).

Psychological testing. Documentation shall include: dates of testing; specific services rendered; duration of the services; signature and title of the of indiviual who rendered the services; and written test reports which include a brief history; tests administered; evaluation of test results; current functioning of the examinee; diagnoses; prognosis; and specific treatment recommendations for health, mental health, educational, and social services.

Medication Management by a M.D. or APRN. Documentation shall include for each session: Medication order or copy of the prescription signed by the prescribing practitioner; date of service; duration of service; specific service rendered; treatment goal(s); written note summarizing the youth's progress toard treatment goal(s); signature and title of individual who rendered the services:

For all other services, for each treatment goal monthly notes summarizing progress toward treatment goals completed by the staff directly providing the service or the staff responsible for overseeing the implementation of the treatment goal. The notes will indicate the methodology and/or activity, frequency and duration of services provided.

- 7. Youth specific incident reports.
- 8. Any other documentation required by the contract to assure compliance with DHS/DYC, Medicaid, policy and billing

<u>Rate</u>

Rate

- A. The contractor shall be reimbursed on a fee for service at the current set rate.
- B. The daily rate includes reimbursement for room and board and supervision (including an allotment for clothing, hair care, personal incidentals for each youth) and treatment services including evaluation and treatment planning, Individual/family mental health therapy, group mental health therapy, skills development services, psychological testing and evaluation services, psychiatric evaluation services, medication management services and any other treatment services that are required in Section IV Contractor Capacity. In general, academic educational costs are not covered but should be negotiated with the local school district.
- C. Although DHS/DYC may reimburse the contractor at the daily rate for up to eight days per episode to hold a bed when the youth is absent from the facility/program under the conditions listed below, Medicaid will allow reimbursement for only eight absence days per month as indicated below:
- 1. Planned family/home visit;
- 2. Planned visit to prospective foster home, independent living, kin placement, or other prospective home or program.
- 3. Unanticipated absence such as a run-away or detention (no Medicaid reimbursement if youth is in a detention facility);
- 4. Short-term hospital or nursing facility stay (no Medicaid reimbursement)

Obsolete Date:

Service Code: YOB Creation Date: 1/26/2001

Service Youth Corrections Observation and

Assessment

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

Observation and Assessment is a short term residential program for committed juvenile offenders. Each youth is given a comprehensive evaluation during his/her stay. The evaluation includes, psychological testing, academic testing, behavioral observations, social history, group processes and individual and family therapy. Psychiatric evaluations may also be part of the overall process. All information is presented to the juvenile court in a final assessment and treatment plan in order for the court to make a more informed decision about future placements, needs, and treatment.

USSDS *Rates* as of 08/06/03

<u>Unit</u>
Daily

Rate

\$147.91

Service Eligibility

Eligibility Description
FT AFDC-FC

Service Code: YOI Creation Date: 1/26/2001

Service Outdoor Impact Program Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

This is a unique, one of a kind, program operated by a private corporation since 1973. They offer alternative placement to transitional youth service facilities. They provide high impact outdoor programs which include: an impact camp, wagon train, bike quest, and hiking quest. Education is provided in each stage. Please refer to sole source statement.

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$129.15

BCM Maximum Allowable Rate (MAR)

<u>Unit</u> <u>MAR Rate</u> Daily \$149.24

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	<u> Action Date</u>	<u>New Rate</u>	Effective Date
Daily	Initial Review	08/30/2001	\$133.14	12/11/2001
Daily	Review	07/12/2002	\$142.93	12/12/2001
Daily	COLA	07/12/2002	\$149.24	07/01/2002

Service Eligibility

Eligibility Description
FT AFDC-FC

YOP

Service Code: YOP Creation Date: 1/26/2001

Service Outdoor Therapy Program Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

This is a 28 day high impact Outdoor therapy Program for youth committed to Youth Correction State Supervision.

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u>
Daily \$115.00

Service Eligibility

Eligibility Description

Service Code: YPC Creation Date: 1/26/2001

Service Clinical Conditioning Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

This is for clinical interventions with an individual client with a focus on decreasing sexual arousal and increasing appropriate sexual arousal. This clinical work is performed in conjunction with testing for sexual arousal patterns.

USSDS *Rates as of 08/06/03*

<u>Unit</u> <u>Rate</u> Session \$75.00

Service Eligibility

Eligibility Description

Service Code: YPE Creation Date: 1/26/2001

Service Youth Corrections Psychiatric Evaluation Obsolete Date:

Contract Type: Either a non-fixed or fixed amount contract required

Agencies Using Code

Residential: No DCFS DYC

Description:

Individual clinical evaluation by a certified Psychiatrist to evaluate mental status and treatment needs. Prescribe and monitor psychotropic medications. May be called on to do emergency evaluations in secure facilities or detention and to facilitate

USSDS *Rates as of 08/06/03*

<u>Unit</u>	<u>Rate</u>
Month	\$99,999.00
Hourly	\$120.00
Session	\$120.00
Quarter hour	\$29.80

BCM Maximum Allowable Rate (MAR)

UnitMAR RateQuarter hour\$33.69

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	<u> Action Date</u>	<u>New Rate</u>	Effective Date
Quarter hour	Initial Review	07/01/1999	\$31.10	07/01/2000
Quarter hour	COLA	08/09/2001	\$32.26	07/01/2001
Quarter hour	COLA	07/12/2002	\$33.69	07/01/2002

Service Eligibility

Eligibility Description

FB CHILD WELFARE NON IV-E
YC YOUTH CORRECTIONS

Service Code

Contractor Qualifications

Licensed psychiatrist

Other

A. Knowledge of the requirements of the Division contract;

- B. Review and sign off on the Department of Human Services Code of Conduct;
- C. Meet the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18).

Record Keeping

- A. Evaluation report to be submitted the Division caseworker.
- B. Any other documentation required by the Division contract to assure compliance with Division policy and billing

requirements. $\underline{\textit{Rate}}$

 $\it Name:$ The Provider will be reimbursed on a fee for service basis.

hospitalization.

Obsolete Date:

Service Code: YPG Creation Date: 1/26/2001

Service Residential Treatment Services, Pregnant/Parenting Teen

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

24 hour group living services, supervision, and treatment services in a residential program for four or more youth who are pregnant or teen parents and when needed, their child. Under the supervision of a licensed mental health professional, trained staff will provide a therapeutic group home environment which includes training and support related to the client's pregnancy and parenting, general guidance, skill development, individual therapy, group therapy, supervision, and behavior management designed to improve the youth's condition or prevent further regression so that services of this intensity will no longer be needed. The program will be staffed with full time trained house parents or staff to provide daily guidance and supervision to the youth and monitoring of the youth's care and management of their child.

USSDS Rates as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$73.52

BCM Maximum Allowable Rate (MAR)

<u>Unit</u>
Daily

MAR Rate
\$92.71

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	<u> Action Date</u>	<u>New Rate</u>	Effective Date
Daily	Initial Review	07/01/1999	\$85.60	07/01/2000
Daily	COLA	08/09/2001	\$88.79	07/01/2001
Daily	COLA	07/12/2002	\$92.71	07/01/2002

Service Eligibility

Eligibility Description

FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code

Client Assessment/Tx Plan

Provided within two weeks of a youth's admission to the program the following:

A Assessment

- (a) a comprehensive mental health assessment on file
- (b) an update or new assessment if over 30 days old or did not meet requirements
- (c) an assessment developed and signed by a licensed mental health therapist in consultation with the youth and other individuals with knowledge of the youth
- (d) a history and evaluation of the youth's emotional and mental adjustment
- (e) a history and evaluation of the youth's social functioning, interpersonal, communication and social skills
- (f) a history and evaluation of the youth's basic living skills
- (g) a history and evaluation of the youth's academic, educational/vocational status
- (h) a history and evaluation of the youth's mental and physical health status
- (I) a summary, diagnostic results and if applicable, recommendations for treatment
 - B. Treatment Plan

- (a) an individualized written plan developed by a licensed mental health therapist
- Name: (b) a plan developed within one month of the youth's admission into the program in consultation with the youth, parents, legal

guardians or others in whose care the youth will be released after discharge

- (c) a plan which addressed the youth's strengths and needs in the following areas emotional and mental adjustment, social functioning, interpersonal, communication and social skills, basic living skills, academic, educational/vocational status, mental and physical health
- (d) a plan which included individualized treatment objectives which addressed the youth's needs and prescribed an integrated program of therapies, activities and experiences to meet the objectives
- (e) a plan which may include individual therapy, group therapy, medication management, additional or on-going diagnostic services and/or skills development, recreational, occupational or other rehabilitative services designed to improve the youth's functioning
- (f) a projected schedule for delivery of service which included the frequency and duration of each type of planned therapeutic session or encounter
- (g) a plan which included the credentials of the individuals who delivered the services
- (h) a plan which included reasonable measures to evaluate whether the objectives are met
- (I) a plan with discharge criteria, appropriate post-discharge plans, coordination of residential services with related community services to ensure continuity of care with the youth's family or others in whose care the youth will be released after discharge, school and community
- (j) a signature of the licensed mental health therapist responsible for oversight of the treatment plan
- (k) an approval from the Division case manager
- C. Review of the Treatment Plan
- (a) a review of the treatment plan at least quarterly or more often as needed if there is a change in the youth's condition or status or as determinded by the licensed mental health therapist responsible for oversight of the treatment program
- (b) a review which included an update of progress toward established treatment goals, the appropriateness of the services being furnished and the need for the youth's continued participation in the program.
- C. Review of the Treatment Plan
- (a) a review of the treatment plan at least quarterly or more often as needed if there is a change in the youth's condition or status or as determined by the licensed mental heath therapist responsible for oversight of the treatment program
- (b) a review which included an update of progress toward established treatment goals, the appropriateness of the services being furnished and the need for the youth's continued participation in the program.

Contractor Qualifications

- A. Provided services licensed by the Utah Department of Human Services, Office of Licensing to provide Residential Treatment Services or Residential Support Services.
- B. Met the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18) for all persons employed or associated with the provider/licensee.
- C. Enrolled as a Medicaid Provider and allowed the Division to bill Medicaid, on

their behalf, for the covered Medicaid diagnostic and rehabilitative services included in the rate paid by the Division.

Population Served

- A. Served youth who are pregnant teens and teen parents (and their child) with moderate emotional or behavioral problems and/or delinquent records who have difficulty with interpersonal relationships in a home environment, who require a structured living environment, daily supervision and monitoring.
- B. Served youth who require behavioral treatment and other rehabilitative interventions.
- C. Served youth who may be occasionally aggressive, withdrawn or engage in anti-social acts but present a low risk of harm to self or others.
- D. Served youth who may show deficits in social skills, cognition and communication.

Record Keeping

Maintained written documentation to support the following:

- A. Facility Administrative Records
- (a) current license
- (b) staff training and copies of applicable licensure
- (c) records indicating regular supervision of all direct care staff by clinical staff
- (d) weekly or daily program schedules indicating the routine and planned activities
- (e) staff attendance and time sheets
- (f) client daily attendance and absences including reason for absence
- (g) facility incident reports

- any other documentation required in the contract to assure compliance with Division policy and billing requirements Individual Client Records comprehensive mental health assessment and any updates treatment plan developed by a licensed mental health therapist (h) B. (a) (b)

- (c) doucmentation that the licensed mental health therapist responsible for overseeing the youth's treatment plan has reviewed the treatment plan at least guarterly
- (d) for each treatment goal, monthly notes summarizing progress toward treatment goals completed by staff directly providing the service or the staff responsible for overseeing the implementation of the treatment goal
- (e) notes indicate the methodology and/or activity, frequency and duration of services provided
- (f) youth specific incident reports
- (g) any other documentation required by the contract to assure compliance with Division policy and billing

Staff to Client Ratios

Provided a 1 to 4 staff to youth ratio at all times except nighttime sleeping hours.

Provided staff on site at all times the youth are present in the facility and immediately available in emergency situations.

Staff Training

Provided the following training during the first week of employment to:

- A. All Staff
- (a) orientation to the requirements of the contract
- (b) review of the Department of Human Services Code of Conduct which is signed and placed in the staff personnel file
- (c) medical and emergency response and evacuation procedures

Provided the following training in addition to the above requirements to:

- B. Direct Care Staff (Non-Clinical Staff)
- (a) 25 hours of training in areas listed above and below prior to providing direct care
- (b) Basic First Aid and CPR including certification
- (c) emergency response and evacuation procedures
- (d) basic child/adolescent behavior and development
- (e) sexual abuse victim/perpetrator specific related training if the facility provides services to sexual abuse victims or perpetrators
- (f) other training as needed based on the program model and an assessment of the individual staff training needs
- (g) Division Community Residential Standards and Policy

Provided within the first 12 months of employment the following

- C. an additional 25 hours of training in the subject areas listed below
- (a) adolescent behavior management
- (b) discipline methods
- (c) specialized skill training in aggression management
- (d) parenting skills
- (e) skills development requirements
- (f) appropriate court and parole procedures
- (g) other training as needed based on the program model and an assessment of individual staff training needs
- D. Provided annually thereafter, an additional 30 hours of training based on an assessment of individual stafff training

Tx/Serv Requirement

A. Provided the following services directly to each youth in the program:

- (a) a comprehensive mental health assessment by a licensed mental health therapist within two weeks of program admission.
- (b) an update of the assessment if completed by a licensed mental health therapist prior to the youth's admission to the program.
- (c) a review and update of the mental health assessment annually or more frequently as needed based on changes in the youth's condition.
- (d) skills development and other rehabilitative services to assist the youth to develop competence in basic living skills, appropriate social, interpersonal and communication skills, compliance with medication regimes.
- (e) a licensed or trained staff provided the services as indicated by the assessment and direction of the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- B. Arranged for the services listed below as indicated by the youth's assessment or treatment plan and approved by the DYC case manager:
- (a) skills development or other rehabilitative services by a licensed day treatment program
- (b) individual therapy by a licensed mental health therapist
- (c) group therapy by a licensed mental health therapist
- (d) psychological evaluation by a licensed psychologist
- (e) psychiatric evaluation and medication management by a licensed psychiatrist
- C. Arranged for each youth to attend an individualized accredited educational program.

Staff Requirements

Provided the following Clinical Services:

- A. Clinical Oversight by at least one licensed mental health therapist/s to provide:
- (a) provides management and oversight of the treatment program, ongoing clinical supervision, consultation and training to all direct care staff.
- (b) provides on average at least 3 hours per month of documented management, oversight, supervision, consultantion and training per youth per month
- B. Treatment Services by a sufficient number of mental health therapists who:
- (a) provide direct treatment services including comprehensive assessment and skills development services
- (b) implement treatment plans to improve the youth's functioning and prevent regression

Provided the following Non-Clinical Services:

- A. Program with a Facility Manager who:
- (a) is responsible for the day-to-day supervision of the youth
- (b) is responsible for the operation of the facility
- (c) has a Bachelor's degree or equivalent combination of education an related experience
- B. Other Non-Clinical Direct Care Staff who:
- (a) are well-trained direct care staff
- (b) assure adequate 24 hour supervision of the youth during the day, night time sleeping hours, weekends, and school hours

Rate

Provided room, board, and supervision, personal allotments, treatment services and other treatment services as required at the current rate.

Negotiated with the local school district as academic educational costs are usually not covered.

Followed Medicaid reimbursement requirements as indicated:

- (a) only 8 absence days per month per youth
- (b) planned family/home visit
- (c) planned visit to prospective foster home, independent living, kin placement, or other prospective home or program
- (d) unanticipated absence such as a run-away or detention (Medicaid does not reimburse if youth is in detention)
- (e) short-term hospital or nursing facility stay (Medicaid does not reimburse if the youth is in the hospital or nursing facility for a short-term stay.

Service Code: YPM Creation Date: 1/26/2001

Service Psychiatric Residential Treatment Services, Obsolete Date:

Mental Health

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

24 hour psychiatric residential treatment program for four or more youth that provides room & board and treatment services in a psychiatric residential treatment program. Services are provided under the direction of a licensed psychiatrist and include clinical oversight, diagnostic and treatment services including comprehensive mental health evaluation, individual therapy, group therapy, skills development, psychological testing and evaluation, psychiatric evaluation and medication management. Services are based upon a comprehensive diagnostic evaluation of the medical, psychological, social, behavioral, and developmental aspects of the youth conducted by an interdisciplinary team with the expectation that the services offered must be reasonably expected to improve the youth's condition or prevent further regression so that services of this intensity will no longer be needed.

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u>
Daily \$225.76

Service Eligibility

Eligibility Description FT AFDC-FC

Service Code: YPP Creation Date: 8/7/2001

Service Positive Peer Program Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

A group living program providing supervision, care and treatment for emotionally and/or behaviorally disordered youth in a residential setting. This program utilizes a positive peer culture.

USSDS Rates as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$117.74

BCM Maximum Allowable Rate (MAR)

<u>Unit</u> <u>MAR Rate</u> Daily \$121.38

BCM Rate Actions

 Unit
 Action
 Action Date
 New Rate
 Effective Date

 Daily
 Review
 08/07/2001
 \$121.38
 07/01/2001

Service Eligibility

Eligibility Description FT AFDC-FC

Obsolete Date:

Service Code: YPR Creation Date: 1/26/2001

Service Psychiatric Residential Treatment

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

Client Description: Very severe impairment(s), disability(s), or need(s), consistently unable or unwilling to cooperate in own care. May be severely aggressive or exhibit self-destructive behavior or grossly impaired in reality testing, communication, cognition affect, or personal hygiene. May present severe to critical risk or causing serious harm to self or others. Children and adolescents in this level of care have acute or chronic emotional or behavioral disorders or conditions such that a highly structured program with 24-hour supervision and nursing care is essential to improved functioning or maintenance.

Facility: A psychiatric residential treatment facility accredited by JCAHO. These facilities provide intensive medical/therapeutic interventions for children with psychiatric disorders who require intensive behavioral, educational and programmatic intervention due to their mental disabilities. Staff-to-child ratio is determined by licensing, certification, or monitoring standards governed through the Division of Licensing. See policy manual for further detail.

USSDS *Rates as of 08/06/03*

<u>Unit</u> <u>Rate</u> Daily \$230.32

BCM Maximum Allowable Rate (MAR)

Unit MAR Rate
Daily \$286.78

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	<u>New Rate</u>	Effective Date
Daily	Initial Review	05/01/1993	\$264.77	07/01/2000
Daily	COLA	08/09/2001	\$274.65	07/01/2001
Daily	COLA	07/12/2002	\$286.78	07/01/2002

Service Eligibility

Eligibility Description
FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code

Client Assessment/Tx Plan

Provided within two weeks of a youth's admission to the program the following:

- A. Assessment
- (a) a comprehensive mental health assessment on file
- (b) an update or new assessment if over 30 days old or did not meet requirements
- (c) an assessment developed and signed by a licensed mental health therapist in consultation with the youth and other individuals with knowledge of the youth
- (d) a history and evaluation of the youth's emotional and mental adjustment
- (e) a history and evaluation of the youth's social functioning, interpersonal, communication and social skills
- (f) a history and evaluation of the youth's basic living skills
- (g) a history and evaluation of the youth's academic, educational/vocational status
- (h) a history and evaluation of the youth's mental and physical health status
- (I) a summary, diagnostic results and if applicable, recommendations for treatment

B. Treatment Plan

Name: (a) an individualized written plan developed by an interdisciplinary team which included at a minimum: a licensed psychiatrist

with experience in child psychiatry; a licensed clinical psychologist if the psychologist was involveded in the assessment of the child or the assessment indicates the need for psychological testing; at least one or more licensed mental health therapist

- (b) a plan developed within one month of the youth's admission into the program in consultation with the youth, parents, legal guardians or others in whose care the youth will be released after discharge
- (c) a plan which addressed the youth's strengths and needs in the following areas emotional and mental adjustment, social functioning, interpersonal, communication and social skills, basic living skills, academic, educational/vocational status, mental and physical health
- (d) a plan which included individualized treatment objectives which addressed the youth's needs and prescribed an integrated program of therapies, activities and experiences to meet the objectives
- (e) a plan which may include individual therapy, group therapy, medication management, additional or on-going diagnostic services and/or skills development, recreational, occupational or other rehabilitative services designed to improve the youth's functioning
- (f) a projected schedule for delivery of service which included the frequency and duration of each type of planned therapeutic session or encounter
- (g) a plan which included the credentials of the individuals who delivered the services
- (h) a plan which included reasonable measures to evaluate whether the objectives are met
- (I) a plan with discharge criteria, appropriate post-discharge plans, coordination of residential services with related community services to ensure continuity of care with the youth's family or others in whose care the youth will be released after discharge, school and community
- (j) a signature of the licensed mental health therapist responsible for oversight of the treatment plan
- (k) an approval from the Division case manager

C. Review of the Treatment Plan

- (a) a review of the treatment plan at least quarterly or more often as needed if there is a change in the youth's condition or status or as determined by the licensed mental heath therapist responsible for oversight of the treatment program
- (b) a review which included an update of progress toward established treatment goals, the appropriateness of the services being furnished and the need for the youth's continued participation in the program.

Contractor Qualifications

- A. Is accredited as a Residential Treatment Facility by JCAHO.
- B. Provided services licensed by the Utah Department of Human Services, Office of Licensing to provide Residential Treatment Services or Intermediate Secure Treatment Facility; or licensed by the Utah Department of Health to provide Residential Treatment Services.
- C. Met the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18) for all persons employed or associated with the provider/licensee.
- D. Enrolled as a Medicaid Provider and allowed the Division to bill Medicaid, on

their behalf, for the covered Medicaid diagnostic and rehabilitative services included in the rate paid by the Division.

Population Served

- A. Served youth who have severe psychiatric, emotional, behavioral, or similar disorders who require intensive psychiatric, behavioral, medical and other structured rehabilitative interventions and continuous monitoring.
- B. Served youth who may be severly, exhibit self-destructive behavior or have grossly impaired reality testing, communication, cognition, or affect.

Record Keeping

Maintained written documentation to support the following:

- A. Facility Administrative Records
- (a) current license
- (b) staff training and copies of applicable licensure
- (c) records indicating regular supervision of all direct care staff by clinical staff
- (d) weekly or daily program schedules indicating the routine and planned activities
- (e) staff attendance and time sheets
- (f) client daily attendance and absences including reason for absence
- (g) facility incident reports
- (h) any other documentation required in the contract to assure compliance with Division policy and billing requirements
- B. Individual Client Records
- (a) comprehensive mental health assessment and any updates
- (b) treatment plan developed by a licensed mental health therapist
- (c) doucmentation that the licensed mental health therapist responsible for overseeing the youth's treatment plan has reviewed the treatment plan at least guarterly
- (d) for each treatment goal, monthly notes summarizing progress toward treatment goals completed by staff directly providing the service or the staff responsible for overseeing the implementation of the treatment goal
- (e) notes indicate the methodology and/or activity, frequency and duration of services provided
- (f) youth specific incident reports
- (g) any other documentation required by the contract to assure compliance with Division policy and billing

Staff to Client Ratios

Provided a 1staff to 4 youth ratio at all times except nighttime sleeping hours.

Provided at least two awake direct care staff on duty during nighttime sleeping hours. Provided one male and one female staff

Staff Training

Provided the following training during the first week of employment to:

- A. All Staff
- (a) orientation to the requirements of the contract
- (b) review of the Department of Human Services Code of Conduct which is signed and placed in the staff personnel file
- (c) medical and emergency response and evacuation procedures

Provided the following training in addition to the above requirements to:

- B. Direct Care Staff (Non-Clinical Staff)
- (a) 25 hours of training in areas listed above and below prior to providing direct care
- (b) Basic First Aid and CPR including certification
- (c) emergency response and evacuation procedures
- (d) basic child/adolescent behavior and development
- (e) sexual abuse victim/perpetrator specific related training if the facility provides services to sexual abuse victims or perpetrators
- (f) other training as needed based on the program model and an assessment of the individual staff training needs
- (g) Division Community Residential Standards and Policy

Provided within the first 12 months of employment the following:

- C. an additional 25 hours of training in the subject areas listed below
- (a) adolescent behavior management
- (b) discipline methods
- (c) specialized skill training in aggression management
- (d) parenting skills
- (e) skills development requirements
- (f) appropriate court and parole procedures
- (g) other training as needed based on the program model and an assessment of individual staff training needs
- D.Provided annually thereafter, an additional 30 hours of training based on an assessment of individual stafff training needs.

Tx/Serv Requirement

- A. Provided the following services directly to each youth in the program:
- (a) a comprehensive mental health assessment by a licensed mental health therapist within two weeks of program admission.
- (b) an update of the assessment if completed by a licensed mental health therapist prior to the youth's admission to the program.
- (c) a review and update of the mental health assessment annually or more frequently as needed based on changes in the youth's condition.
- (d) individual therapy by a licensed mental health therapist of an average of two sessions per week per youth, unless otherwise indicated by the assessment and directed by the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- (e) group therapy by a licensed mental health therapist of an average of two sessions per week per youth, unless otherwise indicated by the assessment and directed by the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- (f) skills development and other rehabilitative services to assist the youth to develop competence in basic living skills, appropriate social, interpersonal and communication skills, and compliance with medication regimes. Services provided by licensed or trained staff as indicated by the assessment and directed by the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- (g) psychological testing and evaluation by a licensed Ph.D. Psychologist
- (h) psychiatric testing and evaluation by a board certified/board eligible child psychiatrist
- (i) medication management services by a M.D. or R.N. as indicated by the psychiatric evaluation and directed by the psychiatrist responsible for overseeing the youth's treatment plan.
- B. Arranged for each youth to attend an individualized accredited educational program, provided on site if necessary, that is coordinated with the local school district.

Staff Requirements

Provided the following Clinical Services:

- A. Clinical Oversight by:
- (a) at least one licensed psychiatrist with experience in child psychiatry for a sufficient number of hours to provide medical direction and review the admission, discharge, treatment plan development and ongoing review of the treatment plan for each youth in placement and provide consultant to staff or direct services to the youth.
- (b) at least one or more licensed mental health therapist/s to provide management and oversight of the treatment program, ongoing clinical supervision, consultantion and training to all direct care staff.
- (c) licensed mental health therapist/s that provide on average at least 10 hours per month of documented management, oversight, supervision, consultantion and training per youth per month
- B. Clinical and Treatment Services by:
- (a) at least one licensed psychologist to provide testing and evaluation services and other clinical services as necessary.
- (b) a sufficient number of other clinical staff including licensed mental health therapists, licensed recreational therapists, R.N., nursing staff, licensed clinical social workers and licensed psychologists to provide direct treatment services including comprehensive assessment and skills development services

a sufficient number of other clinical staff including licensed mental health therapists, licensed recreational therapists, R.N.,

(c)

nursing staff, licensed clinical social workers and licensed psychologists to implement treatment plans to improve the youth's functioning and prevent regression so the youth can be discharged within a reasonable period of time. Provided the following Non-Clinical Services:

- A. Program with a Facility Manager who:
- is responsible for the day-to-day supervision of the youth
- is responsible for the operation of the facility (b)
- has a Bachelor's degree or equivalent combination of education an related experience (c)
- Other Non-Clinical Direct Care Staff who: B.
- are well-trained direct care staff
- (b) assure adequate 24 hour supervision of the youth during the day, night time sleeping hours, weekends, and school hours .

 $\underline{\textit{Rate}}$ Provided room, board, and supervision, personal allotments, treatment services and other treatment services as required at the current rate.

Negotiated with the local school district as academic educational costs are usually not covered.

Followed Medicaid reimbursement requirements as indicated:

- only 8 absence days per month per youth
- planned family/home visit (b)
- planned visit to prospective foster home, independent living, kin placement, or other prospective home or program (c)
- unanticipated absence such as a run-away or detention (Medicaid does not reimburse if youth is in detention) (d)
- short-term hospital or nursing facility stay (Medicaid does not reimburse if the youth is in the hospital or nursing facility for (e) a short-term stay

Service Code: YPT Creation Date: 1/26/2001

Service Penile Plethysmograph Test Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

This is a test performed to assist in developing treatment plans to decrease deviant sexual arousal and increase appropriate sexual arousal. The subject attaches a transducer to his penis for the purpose of measuring penile changes. Penil tumescences is monitored both during and after presentations of potentially erotic stimuli. This information is processed and combined with clinical information to define a treatment plan.

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Personal Need \$300.00

Service Eligibility

Eligibility Description

Service Code: YRC Creation Date: 1/26/2001

Service Residential Group Care Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYG

Description:

Client Description: Substantial problems; have physical, emotional, or social needs and behaviors that may present a moderate risk of causing harm to themselves or to others. Require treatment program in a structured supportive setting with therapeutic counseling available by professional staff. Facility? Has full?time trained parents or staff to provide guidance and supervision to youth. A planned program with behavioral programming and daily structure required and must include recreation, education, and work. Clinicians should meet with each youth on a regular schedule.

USSDS *Rates* as of 08/06/03

 Unit
 Rate

 Month
 \$99,999.00

 Daily
 \$64.35

BCM Maximum Allowable Rate (MAR)

<u>Unit</u>
Daily

MAR Rate
\$81.28

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	<u>New Rate</u>	Effective Date
Daily	Initial Review	12/01/1991	\$75.04	07/01/2000
Daily	COLA	08/09/2001	\$77.84	07/01/2001
Daily	COLA	07/12/2002	\$81.28	07/01/2002

Service Eligibility

Eligibility Description
FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code

Client Assessment/Tx Plan

Contractor Oualifications

- A. Provided services through a Residential Support Services or Residential Treatment Services program licensed by the Utah Department Human Services, Office of Licensing.
- B. Met applicable local health, fire safety, building, business license and zoning requirements.
- C. Met the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18) for all persons employed or associated with the provider/licensee.
- D. Enrolled as a Medicaid Provider and allowed the Division to bill Medicaid, on

their behalf, for the covered Medicaid diagnostic and rehabilitative services included in the rate paid by the Division.

Population Served

A. Served youth with moderate emotional or behavioral problems and/or delinquent records, who have difficulty with interpersonal relationships in a family home environment, require a structured living environment, daily supervision and monitoring, behavioral treatment and other rehabilitative interventions.

B. Served youth who may be occasionally aggressive, withdraw or engage in antisocial acts but present a low risk of harm to

Name: self or others.

Record Keeping

Maintained written documentation to support the following:

- A. Facility Administrative Records
- (a) current license
- (b) staff training and copies of applicable licensure
- records indicating regular supervision of all direct care staff by clinical staff
- (d) weekly or daily program schedules indicating the routine and planned activities
- (e) staff attendance and time sheets
- (f) client daily attendance and absences including reason for absence
- (g) facility incident reports
- (h) any other documentation required in the contract to assure compliance with Division policy and billing requirements
- B. Individual Client Records
- (a) comprehensive mental health assessment and any updates
- (b) treatment plan developed by a licensed mental health therapist
- © doucmentation that the licensed mental health therapist responsible for overseeing the youth's treatment plan has reviewed the treatment plan at least quarterly
- (d) for each treatment goal, monthly notes summarizing progress toward treatment goals completed by staff directly providing the service or the staff responsible for overseeing the implementation of the treatment goal
- (e) notes indicate the methodology and/or activity, frequency and duration of services provided
- (f) youth specific incident reports
- (g) any other documentation required by the contract to assure compliance with Division policy and billing

Staff to Client Ratios

Provided a 1 to 4 staff to youth ratio at all times except nighttime sleeping hours.

Provided staff on site at all times youth are present and immediately available in emergency situations.

Provided in a mixed gender population one male and one female staff on duty.

Staff Training

Provided the following training during the first week of employment to:

- A. All Staff
- (a) orientation to the requirements of the contract
- (b) review of the Department of Human Services Code of Conduct which is signed and placed in the staff personnel file
 - medical and emergency response and evacuation procedures

Provided within the first 12 months of employment the following:

- A. an additional 25 hours of training in the subject areas listed below
- (a) adolescent behavior management
- (b) discipline methods
- © specialized skill training in aggression management
- (d) parenting skills
- (e) skills development requirements
- (f) appropriate court and parole procedures
- (g) other training as needed based on the program model and an assessment of individual staff training needs

Provided the following training in addition to the above requirements to:

- A. Direct Care Staff (Non-Clinical Staff)
- (a) 25 hours of training in areas listed above and below prior to providing direct care
- (b) Basic First Aid and CPR including certification
- © emergency response and evacuation procedures
- (d) basic child/adolescent behavior and development
- (e) sexual abuse victim/perpetrator specific related training if the facility provides services to sexual abuse victims or perpetrators
- (f) other training as needed based on the program model and an assessment of the individual staff training needs
- (g) Division Community Residential Standards and Policy
- D. Provided annually thereafter, an additional 30 hours of training based on an assessment of individual stafff training

Tx/Serv Requirement

- A. Provided the following services directly to each youth in the program:
- (a) a comprehensive mental health assessment by a licensed mental health therapist within two weeks of program admission.
- (b) an update of the assessment if completed by a licensed mental health therapist prior to the youth's admission to the program.
- (c) a review and update of the mental health assessment annually or more frequently as needed based on changes in the youth's condition.
- (d) skills development and other rehabilitative services to assist the youth to develop competence in basic living skills, appropriate social, interpersonal and communication skills, compliance with medication regimes.

a licensed or trained staff provided the services as indicated by the assessment and direction of the licensed mental

(e)

health therapist responsible for overseeing the youth's treatment plan.

- B. Arranged for the services listed below as indicated by the youth's assessment or treatment plan and approved by the DYC case manager:
- skills development or other rehabilitative services by a licensed day treatment program
- individual therapy by a licensed mental health therapist (b)
- group therapy by a licensed mental health therapist (c)
- (d) psychological evaluation by a licensed psychologist
- (e) psychiatric evaluation and medication management by a licensed psychiatrist

Staff Requirements

Provided the following Clinical Services:

- Clinical Oversight by one or more licensed mental health therapists who:
- manage and oversee the treatment program (a)
- (b) provide ongoing clinical services
- consult with and train all direct care staff (c)
- (d) provide on the average at least two hours of documented management, oversight, supervision, consultation and training per youth per month
- Treatment Services by a sufficient number of mental health therapists who:
- provide direct treatment services including comprehensive assessment and skills development services
- (b) implement treatment plans to improve the youth's functioning and prevent regression

Provided the following Non-Clinical Services: A. Program with a Facility Manager who:

- is responsible for the day-to-day supervision of the youth (a)
- is responsible for the operation of the facility (b)
- has a Bachelor's degree or equivalent combination of education and related experience (c)
- Other Non-Clinical Direct Care Staff who: В
- (a) are well-trained direct care staff
- assure adequate 24 hour supervision of the youth during the day, night time sleeping hours, weekends, and school hours (b)

<u>Rate</u>

Provided room, board, and supervision, personal allotments, treatment services and other treatment services as required at the current rate.

Negotiated with the local school district as academic educational costs are usually not covered.

Followed Medicaid reimbursement requirements as indicated:

- only 8 absence days per month per youth
- planned family/home visit (b)
- planned visit to prospective foster home, independent living, kin placement, or other prospective home or program
- unanticipated absence such as a run-away or detention (Medicaid does not reimburse if youth is in detention) (d)
- short-term hospital or nursing facility stay (Medicaid does not reimburse if the youth is in the hospital or nursing facility for (e) a short-term stay

Service Code: YRG Creation Date: 1/26/2001

Service Initiative Games Obsolete Date:

Contract Type: Closed or fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

Initiative games are a series of activities placed in a developed curriculum that focus on trust, communication, problem solving, decision making, self esteem, deinhibitizing, and team building, that can be done either indoors or outdoors with groups ranging from 5 to 15 in size. Both physical and cognitive in nature. Services content and implementation are reviewed monthly by recreational therapist. Services are carried out by trained staff.

USSDS Rates as of 08/06/03

<u>Unit</u> <u>Rate</u> Session \$20.60

Service Eligibility

Eligibility Description

YC YOUTH CORRECTIONS

Service Code

Contractor Qualifications

Planned and supervised the services as an individual licensed by the Utah Department of Commerce, Division of Professional Licensing as a Therapeutic Recreation Specialist or Master Therapeutic Recreation Specialist.

Complied with the safety standards set by the Association for Experiential Education.

Other

- A. Knows of the requirements of the Division of Youth Corrections contract.
- B. Reviewed and signed off on the Department of Human Services Code of Conduct.
- C. Met the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18).
- D. Obtained an annual screening for BCI clearance and abuse registry check.
- E. Knows of appropriate Court and parole procedures and Division policy.
- F. Obtained other training as needed based on any identified special assessment skills.

Record Keeping

Provided the following:

- A. A report identifying the date, length, and type of each activity, the instructor and youths and appropriate billing information.
- B. Any other documentation required by the Division of Youth Corrections contract to comply with Division policy and billing

Rate

Provided a fee for service reimbursed at the current set rate

YRH

Service Code: YRH Creation Date: 1/26/2001

Service Intensive Psychiatric Treatment Services, Obsolete Date:

Mental Health

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

24 hour intensive residential treatment program for four or more youth that provides room & board, intensive awake night supervision and treatment services in a residential treatment program. Services include clinical oversight, diagnostic and treatment services including comprehensive mental health evaluation, individual therapy, group therapy, skills development, psychological testing and evaluation, psychiatric evaluation, and medication management. Services are provided under the direction of a licensed mental health therapist. Services are based on a comprehensive diagnostic evaluation of the medical, psychological, social, behavioral, and developmental aspects of the youth with the expectation that the services offered must be reasonably expected to improve the youth's condition or prevent further regression so that services of this intensity will no longer be needed.

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$182.08

Service Eligibility

Eligibility Description FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code: YRM Creation Date: 1/26/2001

Service Residential Treatment Services Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

Client Description: Severe problems, unable to function in multiple areas. Sometimes willing to cooperate when prompted or instructed, but may lack motivation or ability to participate in personal care or social activities or is severely impaired in reality testing or in communications. May exhibit persistent or unpredictable aggression, be markedly withdrawn and isolated due to either mood or thought disturbance, or make suicidal attempts. Presents a moderate to severe risk of causing harm to self or others. Requires 24?hour supervision by multiple staff in limited access setting.

Facility: Residential living arrangements for male or female youth with intensive daily supervision and awake night supervision provided by trained parents or staff. The provider will provide therapeutic interventions designed to improve the child's functioning. Formalized behavioral programs will be implemented by staff under direct supervision of professional staff. Staff will provide recreational therapy of at least two contacts per week. Minimum of one group and one individual therapy session weekly. For

USSDS Rates as of 08/06/03

 Unit
 Rate

 Month
 \$99,999.00

 Daily
 \$107.28

BCM Maximum Allowable Rate (MAR)

<u>Unit</u>
Daily

MAR Rate
\$136.78

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	<u>New Rate</u>	Effective Date
Daily	Initial Review	12/01/1991	\$126.28	07/01/2000
Daily	COLA	08/09/2001	\$130.99	07/01/2001
Daily	COLA	07/12/2002	\$136.78	07/01/2002

Service Eligibility

Eligibility Description
FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code

Client Assessment/Tx Plan

Provided within two weeks of a youth's admission to the program the following:

- A. Assessment
- (a) a comprehensive mental health assessment on file
- (b) an update or new assessment if over 30 days old or did not meet requirements
- (c) an assessment developed and signed by a licensed mental health therapist in consultation with the youth and other individuals with knowledge of the youth
- (d) a history and evaluation of the youth's emotional and mental adjustment
- (e) a history and evaluation of the youth's social functioning, interpersonal, communication and social skills
- (f) a history and evaluation of the youth's basic living skills
- (g) a history and evaluation of the youth's academic, educational/vocational status
- (h) a history and evaluation of the youth's mental and physical health status

(I) a summary, diagnostic results and if applicable, recommendations for treatment

Name: B. Treatment Plan

- (a) an individualized written plan developed by a licensed mental health therapist
- (b) a plan developed within one month of the youth's admission into the program in consultation with the youth, parents, legal guardians or others in whose care the youth will be released after discharge
- (c) a plan which addressed the youth's strengths and needs in the following areas emotional and mental adjustment, social functioning, interpersonal, communication and social skills, basic living skills, academic, educational/vocational status, mental and physical health
- (d) a plan which included individualized treatment objectives which addressed the youth's needs and prescribed an integrated further detail see policy manual. program of therapies, activities and experiences to meet the objectives
- (e) a plan which may include individual therapy, group therapy, medication management, additional or on-going diagnostic services and/or skills development, recreational, occupational or other rehabilitative services designed to improve the youth's functioning
- (f) a projected schedule for delivery of service which included the frequency and duration of each type of planned therapeutic session or encounter
- (g) a plan which included the credentials of the individuals who delivered the services
- (h) a plan which included reasonable measures to evaluate whether the objectives are met
- (I) a plan with discharge criteria, appropriate post-discharge plans, coordination of residential services with related community services to ensure continuity of care with the youth's family or others in whose care the youth will be released after discharge, school and community
- (j) a signature of the licensed mental health therapist responsible for oversight of the treatment plan
- (k) an approval from the Division case manager
- C. Review of the Treatment Plan
- (a) a review of the treatment plan at least quarterly or more often as needed if there is a change in the youth's condition or status or as determined by the licensed mental heath therapist responsible for oversight of the treatment program
- (b) a review which included an update of progress toward established treatment goals, the appropriateness of the services

Contractor Qualifications

- A. Provided services licensed by the Utah Department of Human Services, Office of Licensing to provide Residential Treatment Services, Immediate Secure Treatment Services or licensed by the Utah Department of Health to provide Residential Treatment Services.
- B. Met the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18) for all persons employed or associated with the provider/licensee.
- C. Enrolled as a Medicaid Provider and allowed the Division to bill Medicaid, on

their behalf, for the covered Medicaid diagnostic and rehabilitative services included in the rate paid by the Division.

Population Served

- A. Served youth with severe emotional, behavioral, or similar disorders who require intensive behavioral treatment, structured therapeutic rehabilitative interventions and continuous monitoring.
- B. Served youth who may be aggressive or markedly withdrawn, socially isolated, presented a moderate risk of causing harm to self/others
- C. Served youth who have impaired reality testing, communication, cognition, or affect.
- D. Provided required continuous monitoring and supervision, including intensive awake night supervision of the youth.

Record Keeping

Maintained written documentation to support the following:

- A. Facility Administrative Records
- (a) current license
- (b) staff training and copies of applicable licensure
- (c) records indicating regular supervision of all direct care staff by clinical staff
- (d) weekly or daily program schedules indicating the routine and planned activities
- (e) staff attendance and time sheets
- (f) client daily attendance and absences including reason for absence
- (g) facility incident reports
- (h) any other documentation required in the contract to assure compliance with Division policy and billing requirements
- B. Individual Client Records
- (a) comprehensive mental health assessment and any updates
- (b) treatment plan developed by a licensed mental health therapist
- (c) documentation that the licensed mental health therapist responsible for overseeing the youth's treatment plan has reviewed the treatment plan at least quarterly
- (d) for each treatment goal, monthly notes summarizing progress toward treatment goals completed by staff directly providing the service or the staff responsible for overseeing the implementation of the treatment goal
- (e) notes indicate the methodology and/or activity, frequency and duration of services provided
- (f) youth specific incident reports
- (g) any other documentation required by the contract to assure compliance with Division policy and billing

Staff to Client Ratios

Provided a 1 to 4 staff to youth ratio at all times except nighttime sleeping hours.

Provided at least two awake direct care staff on duty during nighttime sleeping hours.

Staff Training

Provided the following training during the first week of employment to:

- A All Staff
- (a) orientation to the requirements of the contract
- (b) review of the Department of Human Services Code of Conduct which is signed and placed in the staff personnel file
- (c) medical and emergency response and evacuation procedures

Provided the following training in addition to the above requirements to:

- B. Direct Care Staff (Non-Clinical Staff)
- (a) 25 hours of training in areas listed above and below prior to providing direct care
- (b) Basic First Aid and CPR including certification
- (c) emergency response and evacuation procedures
- (d) basic child/adolescent behavior and development
- (e) sexual abuse victim/perpetrator specific related training if the facility provides services to sexual abuse victims or perpetrators
- (f) other training as needed based on the program model and an assessment of the individual staff training needs
- (g) Division Community Residential Standards and Policy

Provided within the first 12 months of employment the following:

- C. an additional 25 hours of training in the subject areas listed below
- (a) adolescent behavior management
- (b) discipline methods
- (c) specialized skill training in aggression management
- (d) parenting skills
- (e) skills development requirements
- (f) appropriate court and parole procedures
- (g) other training as needed based on the program model and an assessment of individual staff training needs
- D. Provided annually thereafter, an additional 30 hours of training based on an assessment of individual stafff training

Tx/Serv Requirement

- A. Provided the following services directly to each youth in the program:
- (a) a comprehensive mental health assessment by a licensed mental health therapist within two weeks of program admission.
- (b) an update of the assessment if completed by a licensed mental health therapist prior to the youth's admission to the program.
- (c) a review and update of the mental health assessment annually or more frequently as needed based on changes in the youth's condition.
- (d) skills development and other rehabilitative services to assist the youth to develop competence in basic living skills, appropriate social, interpersonal and communication skills, compliance with medication regimes.
- (e) a licensed or trained staff provided the services as indicated by the assessment and direction of the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- B. Arranged for the services listed below as indicated by the youth's assessment or treatment plan and approved by the DYC case manager:
- (a) skills development or other rehabilitative services by a licensed day treatment program
- (b) individual therapy by a licensed mental health therapist
- (c) group therapy by a licensed mental health therapist
- (d) psychological evaluation by a licensed psychologist
- (e) psychiatric evaluation and medication management by a licensed psychiatrist
- C. Arranged for each youth to attend an individualized accredited educational program.

Staff Requirements

Provided the following Clinical Services:

- A. Clinical Oversight by at least one licensed mental health therapist/s to provide:
- (a) provides management and oversight of the treatment program, ongoing clinical supervision, consultation and training to all direct care staff.
- (b) provides on average at least 5 hours per month of documented management, oversight, supervision, consultantion and training per youth per month
- B. Treatment Services by a sufficient number of mental health therapists who:
- (a) provide direct treatment services including comprehensive assessment and skills development services
- (b) implement treatment plans to improve the youth's functioning and prevent regression

Provided the following Non-Clinical Services:

- A. Program with a Facility Manager who:
- (a) is responsible for the day-to-day supervision of the youth
- (b) is responsible for the operation of the facility
- (c) has a Bachelor's degree or equivalent combination of education an related experience
- B. Other Non-Clinical Direct Care Staff who:
- (a) are well-trained direct care staff
- (b) assure adequate 24 hour supervision of the youth during the day, night time sleeping hours, weekends, and school hours

Rate

YRM

Provided room, board, and supervision, personal allotments, treatment services and other treatment services as required at the current rate.

Negotiated with the local school district as academic educational costs are usually not covered. Followed Medicaid reimbursement requirements as indicated:

- only 8 absence days per month per youth planned family/home visit
- (b)
- planned visit to prospective foster home, independent living, kin placement, or other prospective home or program unanticipated absence such as a run-away or detention (Medicaid does not reimburse if youth is in detention) (c)
- (d)
- short-term hospital or nursing facility stay (Medicaid does not reimburse if the youth is in the hospital or nursing facility for (e)

Service Code: YRP Creation Date: 1/26/2001

Service Ropes Course Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

A low and high challenge ropes course would consist of a configuration of ropes, cables, and equipment placed in trees or structures in such a way to form a series of events that various groups may safely use. Most events are used in such a way that the participants are supported by or walk on them. Group building, group cohesion, trust, communication skills, self esteem. Service content and implementation are reviewed monthly by recreational therapist. Services are carried out by trained staff.

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$37.74

Service Eligibility

Eligibility Description

YC YOUTH CORRECTIONS

Service Code

Contractor Qualifications

Planned and supervised the services as an individual licensed by the Utah Department of Commerce, Division of Professional Licensing as a Therapeutic Recreation Specialist or Master Therapeutic Recreation Specialist.

Complied with the safety standards set by the Association for Experiential Education.

Other

ADDITIONAL REQUIREMENTS

- A. Knows of the requirements of the Division of Youth Corrections contract.
- B. Reviewed and signed off on the Department of Human Services Code of Conduct.
- C. Met the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18).
- D. Obtained an annual screening for BCI clearance and abuse registry check.
- E. Knows of appropriate Court and parole procedures and Division policy.
- F. Obtained other training as needed based on any identified special assessment skills.

Record Keeping

Provided the following:

- A. A report identifying the date, length, and type of each activity, the instructor and youths and appropriate billing information.
- B. Any other documentation required by the Division of Youth Corrections contract to comply with Division policy and billing

Rate

Provided a fee for service reimbursed at the current set rate.

Service Code: YSM Creation Date: 1/26/2001

Service Intensive Residential Treatment Services, Sexual Offender, Level 6, Mental Health

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

24 hour intensive residential treatment program for four or more juvenile sex offenders that provides room & board, maximum non-secure supervision and intensive clinical intervention in a residential treatment facility meeting standards for a level 6 facility as specified by the National Task Force on Juveniles Offending Sexually. The program must be able to address the treatment needs of the full range of juvenile sexual offenders and provide an offense-specific risk and clinical evaluation. Treatment services include offense - specific treatment groups, family therapy, individual therapy, group therapy, psychological evaluation and testing, psychiatric evaluation and, as appropriate, medication management. Treatment includes behavioral strategies to reduce deviant sexual arousal and strategies based on the youth's assault cycle to assist in relapse prevention. Services are based on a comprehensive diagnostic evaluation of the medical, psychological, social, behavioral, and developmental aspects of the youth with the expectation that the services offered must be reasonably expected to improve the youth's condition or prevent further

USSDS *Rates as of 08/06/03*

<u>Unit</u>
Daily

<u>Rate</u>
\$189.79

Service Eligibility

Eligibility Description
FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code: YSS Creation Date: 1/26/2001

Service Intensive Residential Treatment Services,

Sexual Offender, Level 7 Secure Care, Mental

Health

Contract Type: Open or non-fixed dollar amount contract required <u>Agencies Using Code</u>

Residential: No DYC

Description:

Due to increasing concern from the public and the juvenile justice system this back to basics, balanced approach which supports the communities need for public safety, development of competencies and skills for youthful offenders, and holding them accountable for their behavior, becomes the basis for this service. The Division will administer short term programming and residential care for youth with the goal of diverting them from penetration further into the system and reintegrating them with their families. State supervision will be a structured, short-term residential care program.

USSDS *Rates as of 08/06/03*

<u>Unit</u> <u>Rate</u> Daily \$225.76

Service Eligibility

Eligibility Description
FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code: YST Creation Date: 1/26/2001

Service Residential Treatment for Juvenile Sexual

Offenders

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

Program Description: The program must be able to provide services to youth who are typically more predatory, violent and/or more entrenched in sex offender patterns. It should meet minimum standards of treatment of juvenile sex offenders as specified by the National Task Force on Juveniles Offending Sexually (1988). Treatment services must include a constellation of treatment modalities which include offense specific treatment groups and psycho educational groups.

Facility: A community based placement that provides maximum non-secure supervision and intensive clinical intervention to juvenile sex offenders. The program must provide 24-hour awake supervision with staff to client ratios of 1:3 daily and 1:5 after hours. The provider will offer specific risk and clinical assessment. Services include: at least two individual and three group therapy sessions per week, organized, structured recreational activities twice a week, and family sessions of twice a month. For further

USSDS *Rates* as of 08/06/03

<u>Unit</u> <u>Rate</u> Daily \$136.45

BCM Maximum Allowable Rate (MAR)

UnitMAR RateDaily\$166.26

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	<u>New Rate</u>	Effective Date
Daily	Initial Review	05/01/1993	\$153.50	07/01/2000
Daily	COLA	08/09/2001	\$159.23	07/01/2001
Daily	COLA	07/12/2002	\$166.26	07/01/2002

Service Eligibility

Eligibility Description
FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code

Client Assessment/Tx Plan

Provided within two weeks of a youth's admission to the program the following:

- A. Assessment
- (a) a comprehensive mental health assessment on file
- (b) an update or new assessment if over 30 days old or did not meet requirements
- c) an assessment developed and signed by a licensed mental health therapist in consultation with the youth and other individuals with knowledge of the youth
- (d) a history and evaluation of the youth's emotional and mental adjustment
- (e) a history and evaluation of the youth's social functioning, interpersonal, communication and social skills
- (f) a history and evaluation of the youth's basic living skills
- (g) a history and evaluation of the youth's academic, educational/vocational status
- (h) a history and evaluation of the youth's mental and physical health status

- (I) a summary, diagnostic results and if applicable, recommendations for treatment
- Name: (j) the use of sexual arousal materials and plethysmography for youth less than eighteen (18) years of age were not included

as methods for assessment or treatment progress monitoring.

- B. Treatment Plan
- (a) an individualized written plan developed by a licensed mental health therapist.
- (b) a plan developed within one month of the youth's admission into the program in consultation with the youth, parents, legal guardians or others in whose care the youth will be released after discharge
- c) a plan which addressed the youth's strengths and needs in the following areas emotional and mental adjustment, social functioning, interpersonal, communication and social skills, basic living skills, academics, educational/vocational status, mental and physical health.
- (d) a plan for Sexual Offender programs which addressed strategies for work on the youth's assault cycle, relapse prevention detail see policy manual. and behavioral strategies to reduce deviant sexual arousal.
- (e) a plan which included individualized treatment objectives which addressed the youth's needs and prescribed an integrated program of therapies, activities and experiences to meet the objectives.
- (f) a plan which may include individual therapy, group therapy, medication management, additional or on-going diagnostic services and/or skills development, recreational, occupational or other rehabilitative services designed to improve the youth's functioning.
- (g) a plan which included offense specific treatment groups, psycho-educational groups to include but not limited to daily living and social skills, sex education (including AIDS and sexually transmitted diseases) and family sessions. Sex education is responsive to offender specific issues, integrated with treatment goals, and assisted the youth in confronting cognitive distortions. Family sessions addressed sex offender specific issues. Methods assured offender accountabity is well defined.
- (h) a projected schedule for delivery of service which included the frequency and duration of each type of planned therapeutic session or encounter
- (i) a plan which included the credentials of the individuals who delivered the services
- (j) a plan which included reasonable measures to evaluate whether the objectives are met
- (k) a plan with discharge criteria, appropriate post-discharge plans, coordination of residential services with related community services to ensure continuity of care with the youth's family or others in whose care the youth will be released after discharge, school and community
- (I) a signature of the licensed mental health therapist responsible for oversight of the treatment plan
- (m) an approval from the Division case manager
- C. Review of the Treatment Plan
- (a) a review of the treatment plan at least quarterly or more often as needed if there is a change in the youth's condition or status or as determined by the licensed mental heath therapist responsible for oversight of the treatment program
- (b) a review which included an update of progress toward established treatment goals, the appropriateness of the services being furnished and the need for the youth's continued participation in the program.

Contractor Qualifications

- A. Met standards for a level 6 facility as specified by the Network on Juveniles Offending Sexually (NOJOS).
- B. Provided services licensed by the Utah Department of Human Services, Office of Licensing to provide Residential Treatment Services, Intermediate Secure Treatment Facility; or licensed by the Utah Department of Health to provide Residential Treatment Services.
- C. Met the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18) for all persons employed or associated with the provider/licensee.
- D. Enrolled as a Medicaid Provider and allowed the Division to bill Medicaid, on
- their behalf, for the covered Medicaid diagnostic and rehabilitative services included in the rate paid by the Division.

Population Served

- A. Served adolescent juvenile sex offenders with a broad range of sexual offenses.
- B. Served adolescents with patterned, repetitious sexual offenses and acting out behavior.
- C. They may have displayed predatory or fixated patterns of offending, use of force or weapons in committing their offenses, and/or a propensity to act out with same aged peers besides their victims. They often have a prior treatment history and present a significant risk to the community.
- D. Served youth who are in the following offender types: "under socialized," "sexual compulsives," "sexual aggressive," and /or "group influenced."
- E. Served youth who have severe emotional and behavioral problems.

Record Keeping

Maintained written documentation to support the following:

- A. Facility Administrative Records
- (a) current license
- (b) staff training and copies of applicable licensure
- c) records indicating regular supervision of all direct care staff by clinical staff
- (d) weekly or daily program schedules indicating the routine and planned activities
- (e) staff attendance and time sheets
- (f) client daily attendance and absences including reason for absence
- (g) facility incident reports
- (h) any other documentation required in the contract to assure compliance with Division policy and billing requirements

- B. Individual Client Records
 (a) comprehensive mental health assessment and any updates DOCUMENTATION

CONTRACTOR:

Maintained written documentation to support the following:

- A. Facility Administrative Records
- (a) current license
- (b) staff training and copies of applicable licensure
- c) records indicating regular supervision of all direct care staff by clinical staff
- (d) weekly or daily program schedules indicating the routine and planned activities
- (e) staff attendance and time sheets
- (f) client daily attendance and absences including reason for absence
- (g) facility incident reports
- (h) any other documentation required in the contract to assure compliance with Division policy and billing requirements
- B. Individual Client Records
- (a) comprehensive mental health assessment and any updates
- (b) treatment plan developed by a licensed mental health therapist
- c) doucmentation that the licensed mental health therapist responsible for overseeing the youth's treatment plan has reviewed the treatment plan at least quarterly
- (d) for each treatment goal, monthly notes summarizing progress toward treatment goals completed by staff directly providing the service or the staff responsible for overseeing the implementation of the treatment goal
- (e) notes indicate the methodology and/or activity, frequency and duration of services provided
- (f) youth specific incident reports
- (g) any other documentation required by the contract to assure compliance with Division policy and billing.

Staff to Client Ratios

Provided a 1staff to 3 youth ratio at all times except nighttime sleeping hours.

Provided at least two awake direct care staff on duty during nighttime sleeping hours or a ratio of 1 staff to 5 youth (whichever is greater in number of staff).

Staff Training

Provided the following training during the first week of employment to:

- A. All Staff
- (a) orientation to the requirements of the contract
- (b) review of the Department of Human Services Code of Conduct which is signed and placed in the staff personnel file
- c) medical and emergency response and evacuation procedures

Provided the following training in addition to the above requirements to:

- B. Direct Care Staff (Non-Clinical Staff)
- (a) 25 hours of training in areas listed above and below prior to providing direct care
- (b) Basic First Aid and CPR including certification
- c) emergency response and evacuation procedures
- (d) basic child/adolescent behavior and development
- (e) sexual abuse victim/perpetrator specific related training if the facility provides services to sexual abuse victims or perpetrators including behavioral characteristics, family dynamics, assessment and treatment issues
- (f) other training as needed based on the program model and an assessment of the individual staff training needs
- (g) Division Community Residential Standards and Policy

Provided within the first 12 months of employment the following:

- C. an additional 25 hours of training in the subject areas listed below
- (a) adolescent behavior management
- (b) discipline methods
- c) specialized skill training in aggression management
- (d) parenting skills
- (e) skills development requirements
- (f) appropriate court and parole procedures
- (g) other training as needed based on the program model and an assessment of individual staff training needs
- D. Provided annually thereafter, an additional 30 hours of training based on an assessment of individual stafff training needs.

Tx/Serv Requirement

- A. Provided the following services directly to each youth in the program:
- (a) a comprehensive mental health assessment by a licensed mental health therapist within two weeks of program admission.
- (b) an update of the assessment if completed by a licensed mental health therapist prior to a review and update of the mental health assessment annually or more frequently as needed based on changes in the youth's condition.
- (c) a program for Sexual Offenders that included a sexual offense specific risk assessment.
- (d) individual therapy by a licensed mental health therapist of an average of one to four sessions per week per youth with an expected average of two sessions, unless otherwise indicated by the assessment and directed by the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- (e) group therapy by a licensed mental health therapist of an average of four to ten sessions per week per youth with an expected average of six sessions per week per youth, unless otherwise indicated by the assessment and directed by the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- (f) family sessions (individual/group)by a licensed mental health therapist one to four sessions per month with an expected

average of two sessions per month unless otherwise indicated by the assessment and directed by the licensed mental health	

professional responsible for overseeing the youth's plan of care.

- (g) skills development and other rehabilitative services to assist the youth to develop competence in basic living skills, appropriate social, interpersonal and communication skills, and compliance with medication regimes. Services provided by licensed or trained staff as indicated by the assessment and directed by the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- h) psychological testing and evaluation by a licensed Ph.D. Psychologist.
- (i) psychiatric testing and evaluation by a board certified/board eligible child psychiatrist.
- (j) medication management services by a M.D. or R.N. as indicated by the psychiatric evaluation and directed by the psychiatrist responsible for overseeing the youth's treatment plan.
- B. Arranged for each youth to attend an individualized accredited educational program, provided on site if necessary, that is coordinated with the local school district.

the youth's admission to the program.

Staff Requirements

Provided the following Clinical Services:

- A. Clinical Oversight by:
- (a) at least one or more licensed mental health therapist/s to provide management and oversight of the treatment program, ongoing clinical supervision, consultantion and training to all direct care staff.
- (b) licensed mental health therapist/s that provide on average at least 5 hours per month of documented management, oversight, supervision, consultantion and training per youth per month
- B. Clinical and Treatment Services by:
- (a) a sufficient number of licensed mental health therapists to provide direct treatment services to youths including comprehensive assessment, individual therapy, group therapy and skills development services to implement treatment plans.
- (b) a treatment plan that improves the youth's functioning and prevent regression

Provided the following Non-Clinical Services:

- A. Program with a Facility Manager who:
- (a) is responsible for the day-to-day supervision of the youth
- (b) is responsible for the operation of the facility
- c) has a Bachelor's degree or equivalent combination of education an related experience
- B. Other Non-Clinical Direct Care Staff who:
- (a) are well-trained direct care staff
- (b) assure adequate 24 hour supervision of the youth during the day, night time sleeping hours, weekends, and school hours

Rate

RATE

CONTRACTOR:

Provided room, board, and supervision, personal allotments, treatment services and other treatment services as required at the current rate.

Negotiated with the local school district as academic educational costs are usually not covered.

Followed Medicaid reimbursement requirements as indicated

- (a) only 8 absence days per month per youth
- (b) planned family/home visit
- planned visit to prospective foster home, independent living, kin placement, or other prospective home or program
- (d) unanticipated absence such as a run-away or detention (Medicaid does not reimburse if youth is in detention)
- (e) short-term hospital or nursing facility stay (Medicaid does not reimburse if the youth is in the hospital or nursing facility for a short-term stay

Service Code: YTF Creation Date: 1/26/2001

Service Residential Teaching Family Model

Contract Type: Open or non-fixed dollar amount contract required

Agencies Using Code

Residential: No DYG

Description:

Client Description: Severe problems, unable to function in multiple areas. Sometimes willing to cooperate when prompted or instructed, but may lack motivation or ability to participate in personal care or social activities or is severely impaired in reality testing or in communications. May exhibit persistent or unpredictable aggression, be markedly withdrawn and isolated due to either mood or thought disturbance, or make suicidal attempts. Presents a moderate to severe risk of causing harm to self or others. Requires 24-hour supervision by multiple staff in limited access setting. Must have certification with the National Teaching Family Association.

Facility: Residential living arrangements for male or female youth with intensive daily supervision and awake night supervision provided by trained parents or staff. The provider's intervention will be the teaching family model designed to improve the child's functioning. Families must be certified as a teaching family. Formalized behavioral programs will be implemented by staff under direct supervision of professional staff. Staff will provide recreational therapy of at least two contacts per week. Minimum of one group and one individual therapy session weekly. For further detail see policy manual.

USSDS Rates as of 08/06/03

<u>Unit</u> <u>Rate</u>
Daily \$103.97

BCM Maximum Allowable Rate (MAR)

Unit MAR Rate
Daily \$128.02

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	Action Date	<u>New Rate</u>	Effective Date
Daily	Initial Review	07/01/1995	\$118.20	07/01/2000
Daily	COLA	08/09/2001	\$122.60	07/01/2001
Daily	COLA	07/12/2002	\$128.02	07/01/2002

Service Eligibility

Eligibility Description
FT AFDC-FC

YC YOUTH CORRECTIONS

Service Code

Client Assessment/Tx Plan

Provided within two weeks of a youth's admission to the program the following:

- A. Assessment
- (a) a comprehensive mental health assessment on file
- (b) an update or new assessment if over 30 days old or did not meet requirements
- c) an assessment developed and signed by a licensed mental health therapist in consultation with the youth and other individuals with knowledge of the youth
- (d) a history and evaluation of the youth's emotional and mental adjustment
- (e) a history and evaluation of the youth's social functioning, interpersonal, communication and social skills
- (f) a history and evaluation of the youth's basic living skills
- (g) a history and evaluation of the youth's academic, educational/vocational status
- (h) a history and evaluation of the youth's mental and physical health status

(I) a summary, diagnostic results and if applicable, recommendations for treatment

Name:

- B. Treatment Plan
- (a) an individualized written plan developed by a licensed mental health therapist
- (b) a plan developed within one month of the youth's admission into the program in consultation with the youth, parents, legal guardians or others in whose care the youth will be released after discharge
- c) a plan which addressed the youth's strengths and needs in the following areas emotional and mental adjustment, social functioning, interpersonal, communication and social skills, basic living skills, academic, educational/vocational status, mental and physical health
- (d) a plan which included individualized treatment objectives which addressed the youth's needs and prescribed an integrated program of therapies, activities and experiences to meet the objectives
- (e) a plan which may include individual therapy, group therapy, medication management, additional or on-going diagnostic services and/or skills development, recreational, occupational or other rehabilitative services designed to improve the youth's functioning
- (f) a projected schedule for delivery of service which included the frequency and duration of each type of planned therapeutic session or encounter
- (g) a plan which included the credentials of the individuals who delivered the services
- (h) a plan which included reasonable measures to evaluate whether the objectives are met
- (I) a plan with discharge criteria, appropriate post-discharge plans, coordination of residential services with related community services to ensure continuity of care with the youth's family or others in whose care the youth will be released after discharge, school and community
- (j) a signature of the licensed mental health therapist responsible for oversight of the treatment plan
- (k) an approval from the Division case manager
- (a) a review of the treatment plan at least quarterly or more often as needed if there is a change in the youth's condition or status or as determined by the licensed mental heath therapist responsible for oversight of the treatment program
- (b) a review which included an update of progress toward established treatment goals, the appropriateness of the services being furnished and the need for the youth's continued participation in the program.
- C. Review of the Treatment Plan
- (a) a review of the treatment plan at least quarterly or more often as needed if there is a change in the youth's condition or status or as determined by the licensed mental heath therapist responsible for oversight of the treatment program
- (b) a review which included an update of progress toward established treatment goals, the appropriateness of the services being furnished and the need for the youth's continued participation in the program.

Contractor Qualifications

- A. Maintained a formal agreement with a Certified Teaching-Family Model Sponsor Site which included a yearly review and sign off by the certified sponsor site in the areas of training, consultantion, and consumer evaluations to the Teaching Family Model standards. Also included a formal, confidential evaluation of the providers primary consumer groups, i.e., youth, parents, case managers, therapists, schools, etc.
- B. Provided services licensed by the Utah Department of Human Services, Office of Licensing to provide Residential Treatment Services, Immediate Secure Treatment Services or licensed by the Utah Department of Health to provide Residential Treatment Services.
- C. Met applicable local health, fire safety, building, business license and zoning requirements.
- D. Met the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18) for all persons employed or associated with the provider/licensee.
- E. Enrolled as a Medicaid Provider and allowed the Division to bill Medicaid, on

their behalf, for the covered Medicaid diagnostic and rehabilitative services included in the rate paid by the Division.

Population Served

- A. Served youth with severe emotional, behavioral, or similar disorders who require intensive behavioral treatment, structured therapeutic rehabilitative interventions and continuous monitoring.
- B. Served youth who may be aggressive or markedly withdrawn, socially isolated, presented a moderate risk of causing harm to self/others.
- C. Served youth who have impaired reality testing, communication, cognition, or affect
- D. Served youth who may be sexually reactive or sexual offenders but have not displayed predatory patterns of offending, used force or weapons in committing their offenses, shown a propensity to sexually acting out with same age peers or displayed acute or chronic psychiatric distrubance.
- E. Provided continuous monitoring and supervision of the youth.

Record Keeping

Maintained written documentation to support the following:

- A. Facility Administrative Records
- (a) current license
- (b) staff training and copies of applicable licensure

- records indicating regular supervision of all direct care staff by clinical staff weekly or daily program schedules indicating the routine and planned activities (c)

- (e) staff attendance and time sheets
- (f) client daily attendance and absences including reason for absence
- (g) facility incident reports
- (h) any other documentation required in the contract to assure compliance with Division policy and billing requirements
- B. Individual Client Records
- (a) comprehensive mental health assessment and any updates
- (b) treatment plan developed by a licensed mental health therapist
- c) doucmentation that the licensed mental health therapist responsible for overseeing the youth's treatment plan has reviewed the treatment plan at least quarterly (d) for each treatment goal, monthly notes summarizing progress toward treatment goals completed by staff directly providing the service or the staff responsible for overseeing the implementation of the treatment goal
- (e) notes indicate the methodology and/or activity, frequency and duration of services provided
- (f) youth specific incident reports

Staff to Client Ratios

Provided a 1 to 4 staff to youth ratio at all times except nighttime sleeping hours.

Provided staff on site at all times youth are present and immediately available in emergency situations.

Provided in a mixed gender population one male and one female staff on duty.

Staff Training

Provided the following training during the first week of employment to:

A. All Staff

- (a) orientation to the requirements of the contract
- (b) review of the Department of Human Services Code of Conduct which is signed and placed in the staff personnel file
- c) medical and emergency response and evacuation procedures

Provided the following training in addition to the above requirements to:

- B. Direct Care Staff (Non-Clinical Staff)
- (a) 25 hours of training in areas listed above and below prior to providing direct care
- (b) Basic First Aid and CPR including certification
- c) emergency response and evacuation procedures
- (d) basic child/adolescent behavior and development
- (e) sexual abuse victim/perpetrator specific related training if the facility provides services to sexual abuse victims or perpetrators
- (f) other training as needed based on the program model and an assessment of the individual staff training needs
- (g) Division Community Residential Standards and Policy

Provided within the first 12 months of employment the following:

- C. an additional 25 hours of training in the subject areas listed below
- (a) adolescent behavior management
- (b) discipline methods
- c) specialized skill training in aggression management
- (d) parenting skills
- (e) skills development requirements
- (f) appropriate court and parole procedures
- (g) other training as needed based on the program model and an assessment of individual staff training needs
- D. Provided annually thereafter, an additional 30 hours of training based on an assessment of individual stafff training

Tx/Serv Requirement

- A. Provided the following services directly to each youth in the program:
- (a) a comprehensive mental health assessment by a licensed mental health therapist within two weeks of program admission.
- (b) an update of the assessment if completed by a licensed mental health therapist prior to the youth's admission to the program.
- c) a review and update of the mental health assessment annually or more frequently as needed based on changes in the youth's condition.
- (d) skills development and other rehabilitative services to assist the youth to develop competence in basic living skills, appropriate social, interpersonal and communication skills, compliance with medication regimes.
- (e) a licensed or trained staff provided the services as indicated by the assessment and direction of the licensed mental health therapist responsible for overseeing the youth's treatment plan.
- B. Arranged for the services listed below as indicated by the youth's assessment or treatment plan and approved by the DYC case manager:
- (a) skills development or other rehabilitative services by a licensed day treatment program
- (b) individual therapy by a licensed mental health therapist
- c) group therapy by a licensed mental health therapist
- (d) psychological evaluation by a licensed psychologist
- (e) psychiatric evaluation and medication management by a licensed psychiatrist
- C. Arranged for each youth to attend an individualized accredited educational program.

Staff Requirements

Provided the following Clinical Services:

A. Clinical Oversight by one Certified Teaching-Family Model Consultant who:

- (a) provides daily management of the treatment program including in home observations, behavioral data analysis, treatment planning and consultation meetings
- (b) provides on average at least 5 hours per month of documented management, supervision and training per client per week plus 24 hour, 7 day a week crisis intervention availability
- c) is a licensed mental health therapist and provides mental health services in treating juvenile sex offenders or sexually reactive children/youth
- (d) is a licensed mental health therapist, licensed registered nurse with experience in a psychiatric setting, licensed certified social worker or an individual certified or credentialed to provide rehabilitative services to children.
- B. Treatment Services by a sufficient number of mental health therapists who:
- (a) provide direct treatment services including comprehensive assessment and skills development services
- (b) implement treatment plans to improve the youth's functioning and prevent regression

Provided the following Non-Clinical Services:

- A. Program with a Facility Manager who:
- (a) is responsible for the day-to-day supervision of the youth
- (b) is responsible for the operation of the facility
- c) has a Bachelor's degree or equivalent combination of education and related experience
- B. Other Non-Clinical Direct Care Staff who:
- (a) are well-trained direct care staff
- (b) assure adequate 24 hour supervision of the youth during the day, night time sleeping hours, weekends, and school hours
- c) are a married couple trained as treatment providers with at least one who posseses at least a Bachelors degree or an additional full time equivalent
- (d) are certified by the teaching-family model sponsor site or have the ability to be certified within one year of employment
- (e) receive Sponsor Site approved training, consultation, evaluation, and administrative support services

Rate

Provided room, board, and supervision, personal allotments, treatment services and other treatment services as required at the current rate.

Negotiated with the local school district as academic educational costs are usually not covered.

Followed Medicaid reimbursement requirements as indicated:

- (a) only 8 absence days per month per youth
- (b) planned family/home visit
- c) planned visit to prospective foster home, independent living, kin placement, or other prospective home or program
- (d) unanticipated absence such as a run-away or detention (Medicaid does not reimburse if youth is in detention)
- (e) short-term hospital or nursing facility stay (Medicaid does not reimburse if the youth is in the hospital or nursing facility for a short-term stay

Service Code: YXE Creation Date: 1/26/2001

Service Psychological Evaluation Obsolete Date:

Contract Type: Either a non-fixed or fixed amount contract required

Agencies Using Code

Residential: No DCFS

Description:

Evaluations to include a general assessment of cognitive functioning, personality profile and specific diagnostic study and description of areas of pathology related to the behavior. Clinical intervention to youth may be ongoing. Staff consultation upon

USSDS *Rates as of 08/06/03*

<u>Unit</u>	<u>Rate</u>
Month	\$99,999.00
Session	\$115.00
Hourly	\$51.52
Quarter hour	\$27.55

BCM Maximum Allowable Rate (MAR)

<u>Unit</u>	MAR Rate
Quarter hour	\$31.14

BCM Rate Actions

<u>Unit</u>	<u>Action</u>	<u> Action Date</u>	<u>New Rate</u>	Effective Date
Quarter hour	Initial Review	11/01/1993	\$28.75	07/01/2000
Quarter hour	COLA	08/09/2001	\$29.82	07/01/2001
Quarter hour	COLA	07/12/2002	\$31.14	07/01/2002

Service Eligibility

Eligibility Description

FB CHILD WELFARE NON IV-E
YC YOUTH CORRECTIONS

Service Code

Contractor Qualifications

A licensed psychiatrist or licensed psychologist or psychology intern enrolled in a program leading to licensure or engaged in completion of clinical training after completion of the education, working under the supervision of a licensed psychologist. Master-level psychologists may administer psychological test to clients. However, such individuals may interpret tests only under the direct supervision of a licensed psychologist or psychiatrist. The supervising psychologist or psychiatrist must review the tests administered, actively participate in the interpretation process, review the written report, and countersign the

<u>Other</u>

A. Knowledge of the requirements of the Division contract;

- B. Review and sign off on the Department of Human Services Code of Conduct;
- C. Meet the requirements set forth for criminal background screening (per R501-14) and the abuse background screening (per R501-18).

Record Keeping A. Dates of the to

- Dates of the testing, brief history, test administered, test scores, evaluation of test results, current functioning of $\it Name:$ examinee, diagnosis and prognosis.
- B. Any other documentation required by the Division contract to assure compliance with Division policy and billing

 $\underline{\underline{\textit{Rate}}}$ The Provider will be reimbursed on a fee for service basis.

request.

Service Code: YYS Creation Date: 4/30/2002

Service Youth Services Obsolete Date:

Contract Type: Open or non-fixed dollar amount contract required Agencies Using Code

Residential: No DYC

Description:

Services to runaway and ungovernable youth and their parents, up to 60 days of counseling and time limited shelter in a youth service center. Includes crisis intervention, counseling, referrals to appropriate resources, developing treatment plan, counseling and mediation with youth/parents, and arranging transportation

USSDS *Rates* as of 08/06/03

 Unit
 Rate

 Daily
 \$42.00

 Month
 \$50,594.08

BCM Maximum Allowable Rate (MAR)

<u>Unit</u> <u>MAR Rate</u> Daily \$42.00

BCM Rate Actions

UnitActionAction DateNew RateEffective DateDailyInitial Review04/30/2002\$42.0004/24/2002

Service Eligibility

Eligibility Description

YC YOUTH CORRECTIONS